

MEDIA GUIDE

July 30, 2022 | Davenport, Iowa



2022 Quad-City Times Bix 7

48th Anniversary

Your complete guide to this year's race!

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The biggest and best race yet!

2022 marks the 48th running of the Quad-City Times Bix 7. This historic out-and-back race through downtown Davenport is for runners and walkers alike. The 7-Mile course starts at the base of Brady Street Hill and is lined with live bands and cheering crowds. You will Run with the Best as elite athletes toe the line, including legend Bill Rodgers. Start at the Mississippi River and finish at the Midwest's biggest post-race-party. Race, walk or run, let's have fun!



Chrono Track® Timing System

Prairie Farms is once again proud to sponsor the Chrono Track® timing system in 2022. Your timing device is the ChronoTrack B-tag, which is attached to the back of your bib. In order to receive an accurate time, attach your bib to the front of your shirt. Do not fold or wrinkle your bib. Visit www.chronotrack.com for more information.

It's the perfect combination: Blue Chip runners with Chrono Track® technology! Brought to you by Prairie Farms.



Quad-City Times Bix 7 Facts

Race was first held in 1975; number of entries - 84

Recognized by USA Track & Field / STATS as one of the largest non- marathon road races in America by number of registered participants

Listed annually by RUNNER'S WORLD in its Elite 25 Best Races

Named Most Community Spirited race in the United States by RUNNER'S WORLD in 1992

Course is certified by USA Track & Field in the out & back category

Broadcast on live television to an estimated audience of 40 million viewers and on the Armed Forces Network

Estimated crowds of 75,000 line the 3-1/2 mile route

4,000 race volunteers

1998 was the inaugural running of the Alcoa Jr. Bix 7. That year, 5,000 children aged 12-and-under competed

1999 was the inaugural Quick Bix

2001 was the inaugural Brady Street Sprint

2002 Hosted the first USA Track & Field National Championship

2003 was the inaugural All City Challenge and High School Relay competition. The Nancy Kapheim Memorial Trophy was introduced and awarded to the winner of the All-City Challenge.

2004 was the inaugural Race for the Jackpot

2005 was the inaugural Corporate Relay Challenge

2007 was the introduction of new age groupings & chip timing



2009 was the introduction of the D-Tag Chrono Track[®] timing system; hosted the second USA Track & Field National Championship; Ed Froehlich Statue added to Bix Plaza; introduction of The Greg Newell Trophy awarded to the "Fastest Male Quad-Citian" in the Bix 7 mile

2010 hosted the third USA Track & Field National Championship

2011 was the introduction of The Eloise Caldwell Trophy awarded to the "Fastest Female Quad-Citian" in the Bix 7 mile; Dan Hayes was instrumental in growing the Bix 7 to national

prominence. In his honor a bronze statue was added to the Bix Plaza

2012 the Brady Street Sprint event is renamed "Battle up Brady", and the Quad City Bank and Trust "Corporate Challenge" was added

2013 the Premier Buick GMC Dealers will award \$1,000 to the High School with the first Iowa or Illinois male and female high school runner to cross the Bix 7 finish line

2014 Celebrated American Pride by inviting all active duty US military to enter the Bix 7 for FREE! Bix 7 established a charity benefiting late-term hospice care for veterans.

2015 "Race for the Jackpot" was rebranded to "BEAT THE ELITE"



2016 "Battle up Brady" was rebranded to "BRADY STREET SPRINTS"

2017 hosted the fifth USA Track & Field National Championship

2019 Ed Froehlich retires after his 40-year run as race director

2020 was held virtually due to the global pandemic. 3,500 racers competed from all 50 states and seven different countries.

2022 marks the first Caesar's Sportsbook Team Challenge. Running teams from across the country will race for Bix 7 supremacy with over \$5,000 in cash prizes.



2022 Awards

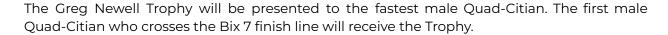
The Quad-City Times Bix 7 is one of the largest non-marathon prize purses in the U.S.! Thousands in cash will be awarded.

Premier Buick Dealers will present the same prize structure for both men and women in the open category. 1st = \$7,000, 2nd = \$3,000, 3rd = \$2,000, 4th = \$1,500, 5th = \$1,000, 6th = \$500, 7th = 400

Special awards are presented to the top 10 finishers for both men's and women's age divisions. Special awards are also presented to the top three Masters Division (40 & over) finishers for both men and women.

Age group award categories are: 15 and under, 16-19, 20-24, 25-29, 30-34, 35-39, etc., ending with the 80 and over category. Each category will be 1st through 5th place

for both men and women. Age group award ceremony will be 11 a.m. at Toasted, located near the start line at 4th and Perry Streets.



The Eloise Caldwell Trophy will be presented to the fastest female Quad-Citian. The first female Quad-Citian who crosses the Bix 7 finish line will receive the Trophy.

"The High School Challenge" The first Iowa or Illinois male and female high school runner to cross the Bix7 finish line will receive a \$1,000 check for their high school from Premier Buick GMC Dealers.

Premiere Buick GMC Dealers "First Responders Challenge" Which Quad City first responder team is the fastest? 6-member, co-ed teams from Fire, EMS/Medic, Sheriff and Police departments compete over the 7-mile course. Top three teams will win cash prizes for their departments. In appreciation for stepping forward at the hardest moments, race entry fees will be waived.





Bix 7 Participants Receive:

- The Official 2022 Quad-City Times Bix 7 Race Shirt
- Free Commemorative Poster
- Yearly award pin for 2, 5, 10, 15, 20, 25, 30, 35, 40, 45 years
- Publication of name and official finish time in the Quad-City Times
- Walmart's greatest Post Race Party
- Four FREE lowa American Bix at 6 training runs for registered participants



The official website of the Quad-City Times Bix 7: www.bix7.com

At <u>www.bix7.com</u> you can register for the Quad-City Times Bix 7, the Prairie Farms Quick Bix, and the ARCONIC Jr. Bix.

To reach the Bix Hotline call the Quad-City Times information center at (563) 383-5353 or go online at www.bix7.com.

All entries can be verified online!





2022 Bix 7 Poster

Each participant will receive a commemorative 2022 Quad-City Times Bix 7 poster, a wonderful reminder of all the fun and enjoyment of participating in the race.



Official Hotel of the Bix 7

The Isle Casino Hotel Bettendorf is proud to be the host hotel again for this year's Bix 7. As Iowa's largest hotel complex with over 500 comfortable rooms, we have just the room for you! Enjoy our two fitness rooms, indoor pool, hot tub and three on-site dining options.

Call 1-800-THE-ISLE to book your stay today.



Nancy Kapheim – All City Challenge

Nancy Kapheim was one of the driving forces behind the Bix 7 in its first three decades of existence. She is one of only two runners to have a Bix bib number retired in her honor.

Nancy Kapheim was the long-time President of the Cornbelt Running Club and the assistant Race Director of the Bix 7 at the time of her death, just a few days short of her 56th birthday in 2002. She was one of the founders and leading advocates of the Bix at Six training runs and a solid runner in her own right. She won the race's Women's Masters Championship in 1987.



After her death, the number 23 was retired, signifying the number of Bix 7's in which she had run.

All-City Challenge: Fastest in the QCA!

Which city runs the Bix 7 the fastest? In 2021, Davenport won the "All City Challenge." The award is compiled by taking the 5 fastest men and women from each city. These times are divided by 10 to get the average time of all 10 runners from each city. This determines the fastest city. The Scott County Regional Authority presents the traveling "Nancy Kapheim Memorial Trophy" to the winning city's mayor.

All City Challenge Champions:

2003	Davenport, Iowa	2012	Bettendorf, Iowa
2004	Davenport, Iowa	2013	Davenport, Iowa
2005	Davenport, Iowa	2014	Davenport, Iowa
2006	Bettendorf, Iowa	2015	Davenport, Iowa
2007	Davenport, Iowa	2016	Bettendorf, Iowa
2008	Davenport, Iowa	2017	Davenport, Iowa
2009	Davenport, Iowa	2018	Davenport, Iowa
2010	Davenport, Iowa	2019	Bettendorf, Iowa
2011	Bettendorf, Iowa	2021	Bettendorf, Iowa



An event where anyone has a chance to cross the finish line first! Our Break the Tape athletes will be given the opportunity to race and beat the overall winner of the Quad-City Times Bix 7 road race. The person(s) selected will be given a head start, 2-3 miles, possibly more, depending on the needed handicap to make the event competitive. If the chosen runner "breaks the tape" to the finish line, he or she will win ...\$2,000!

Event Results

2004 Tim Delf was outkicked by winner John Korir despite a 2.4 mile head start. He ran 32:49 and lost by 13 seconds.

2005 Janelle Swanberg cruised to a \$3,100 jackpot, 31:41 with a 2.4 mile head start to beat Gilbert Okari by 43 seconds.

2006 David Ramp won \$3,200, beating race winner Lawrence Kiprotich by 12 seconds. Time of 32:01, after a 2.7 mile head start.

2007 Christy Lazaridis won \$3,300, beating race winner Duncan Kibet by 1:18, finishing in 30:57 with a 2.7 mile head start.

2008 Ben Houtikier was beaten to the finish line by 13 runners. With a 2 mile head start, he finished in 34:25.

2009 Ben Lloyd won \$3,500 with a time of 32:17 and a .9 mile head start. He finished 8 seconds in front of Meb Keflezighi.

2010 Ashley Kamba won by crossing the finish line nearly $2\frac{1}{2}$ minutes ahead of Ryan Hall taking home \$3,600.

2011 Jim Irwin crossed the finish line 26 seconds before the Kenyans to take home \$3,700.

2012 Bob Madison was beaten by two runners, finished in 32.37. The Board & Rhythm City Casino decided to donate \$2,500 to his charity to construct a house in Haiti.

2013 Brock DeToye finished 1st in 31.35 ahead of Men's champion Leonard Korir of Kenya, taking home \$2,500.

2014 Kathy Schmitt finished 1st in 31.20, 27 seconds ahead of the winner Sean Quigley, taking home the Jackpot of \$2,500.

2015 Travis Allen never reached the finish line. With a lead he collapsed from heat exhaustion 3 blocks from the Finish Line.

2016 Nancy Van Hemert 31:32 and Corporate Runner Mark Rodgers 30:47 crossed the finish line ahead of the Elite winner Silas Kipruto. Both donated to Charity their Jackpot Prize.

2017 Joy Ripslinger won with a time of 31:06. She donated the prize to the Assumption track team and Brittany's Gifts.

2018 Bob Beardsley finished ahead of race winner Belay Tilahun with a time of 30:45. He donated the prize money.

2019 Mallory Asbe went neck to neck with winner Leonard Barsoton before needing assistance to cross the finish line.

2021 Doug Boleyn was passed by the elite pack just after making the turn from Brady Street onto 3rd Street. He finished in 33.55.



Brady Street Sprints

It's an uphill Sprint! Are you up for the Brady Street Sprints?

The race is exactly a quarter mile climb, steeply ascending up Brady Street hill. Nine races highlight the evening. Two men's and women's 'open' races (29 and under and 39 and under for each), two Masters' Races (40+ men's and womens'), High School relays (boys and girls), and the Bix 7 Sponsors Race (Bix sponsors only). The finals will be televised on KWQC with cash prizes for the top finishers. Time trials take place during three Bix @ 6 training runs - 7 pm at 5th



and Pershing Street. The top 3 finishers each night will make it into the final round, which will take place at 7:00 pm on Thursday, July 28, 2022.

2001

Men's Open Champion: Charles Stelk 1:01
Women's Open Champion: Teresa Grothus 1:16
Men's Master's Champion: Tony Taylor 1:02
Women's Master's Champion: Nancy Whitcanack 1:35

Boy's HS Relay Champion: n/a Girls HS Relay Champion: n/a

2002

Men's Open Champion: John Ball 1:01.13

Women's Open Champion: Suzy Stelk 1:20.22 Did not accept prize money

Men's Master's Champion: Mark Hull 1:14

Women's Master's Champion: Maria Waterman (no time available)

Boy's HS Relay Champion: n/a Girls HS Relay Champion: n/a

2003

Men's Open Champion: Timothy Dunne 57:55 Women's Open Champion: Chelsea Kaczmarek 1:14.41

Men's Master's Champion: Jeff Hill 1:12.84

Women's Master's Champion: Kathy Evanchyk (no time available)

Boys HS Relay Champion: Rock Island 49.87 Girls HS Relay Champion: Rock Island 59.26

2004

Men's Open Champion:
Women's Open Champion:
Men's Master's Champion:
Women's Master's Champion:
Women's Master's Champion:
Boys HS Relay Champion:
Girls HS Relay Champion:
Dave Paulsen 58:51
Jessica Griffith 1:15.32
Matt Matthews 1:03.90
Cathy Swisher 1:24.30
Rock Island 50.89
United Township 58.54

2005

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: 1st Corporate Challenge: Dave Paulsen 1:00.05 Nikki Pauli 1:14.09 Matt Matthews 1:09.63 Cathy Swisher 1:29.77 Davenport Central 50.21 DeWitt Central 58.62 Lujack's 58.59

2006

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge: Dave Paulsen 57:54 Nikki Paul 1:02.32 Matt Matthews 1:10.57 Kathy Lack 1:14.12 Davenport Central 50.62 Rock Island 58.97 Lujack's 57.23

2007

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge: Ryan Grenko 59.87 Samantha Cameron 1:15.85 David Bailey 1:09.62 Kathy Evanchyk 1:31.30 Rock Island 47.59 Davenport North 1:00 Lujack's 1:03.82

2008

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge: Ryan Grenko 59:47 Lauren Carruthers 1:12.65 Matt Matthews 1:11.61 Mary Toohill 1:24.34 United Township 48.94 Rock Island 58.17 Genesis 52.41

2009

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge: Terrence Reid 58:50 Samantha Cameron 1:11.56 David Bailey 1:13.15 Kathy Evanchyk 1:33.2 United Township 50.36 Rock Island 56.96 WG Block 57.65

2010

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge: Ryan Grenko 1:00.04 Stephanie Brown 1:10.8 Matt Mathews 1:09.72 Beth Markovich 1:39.74 UTHS 48.51 Davenport Assumption 58.07

CBRC 53.96

2011

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge: Ryan Grenko 59.89 Adreona Bradford 1:12.53 Bob Dueker 1:10.78 Kathy Evanchyk 1:29.69 Rock Island 49.68 Davenport Assumption 55.64 CBRC 52.42

2012

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge:

Terrance Reid 1:02.31 Maddie Irmen 1:18.81 Marek Wensel 1:02.72 Kathy Evanchyk 1:35.58 Bettendorf 50.4 Rock Island 59.26 St. Ambrose 57.71

2013

Men's Open Champion: Women's Open Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge:

Mike Craddick 1:00.73 Mattie Irmen 1:12.40 Marek Wensel 1:03.37 Jen Paul 1:14.07 Rock Island 50.85 Davenport North 58.50 St. Ambrose 58.41

2014

Men's Open Champion: Women's Open Champion: Men's 30-39 Champion: Women's 30-39 Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge:

Nowlan Savage 1:00.64 Mallory King 1:15.58 Matt Jones 1:05.31 Jen Paul 1:17.69 Marek Wensel 1:05.03 Kathy Evanchyk 1:35.26 Clinton, la 50:18

Davenport Assumption, la 57:74 OSC Augies.

O'Rourke Sales Company 54.01

QCB&T Relay Challenge: Whitey's 1:02.20

2015

Men's Open Champion: Women's Open Champion: Men's 30-39 Champion: Women's 30-39 Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge:

David Voland 1:00.74 Mallory King 1:12.98 Zach Digney 1:03.33 Jen Paul 1:17.39 Marek Wensel 1:05.26

Kathy Evanchyk 1:31.83 Davenport North Ia 50:55 Pleasant Valley, Ia 58:01 OSC Augies,

O'Rourke Sales Company 1:01.55

Whitey's 1:00.71

2016

Relay Challenge:

Men's Open Champion: Women's Open Champion: Men's 30-39 Champion: Women's 30-39 Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Corporate Challenge: Relay Challenge:

Zach Frey 1:01.60 Alli Wroblewski 1:12.15 Zach Digney 1:05.06 Jen Paul 1:20.48 Marek Wensel 1:06.28 Kathy Evanchyk 1:35.86 Davenport North Ia 49:23 Assumption, Davenport la 57:77 None

Genesis Health Systems 58:08

2017

Men's Open Champion: Women's Open Champion: Men's 30-39 Champion: Women's 30-39 Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion:

Relay Challenge:

Jarvis Friend 1:01.54 Alli Wroblewski 1:13.10 Matt Jones 1:05.16 Jen Paul 1:20.48 Marek Wensel 1:07.36 Kathy Evanchyk 1:38.19 Rock Island, II 49:90.2 Assumption, Davenport la 58:02

Whitey's Ice Cream 57:53

2018

Men's Open Champion: Women's Open Champion: Men's 30-39 Champion: Women's 30-39 Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Relay Challenge:

James Warren 1:03.60 Brette Correy 1:13.92 James Raabe 1:06.15 Jen Paul 1:15.61 Marek Wensel 1:07.79

Nancy Foxen 1:30.86 Bettendorf la 50:00 Pleasant Valley Ia 57:74 Whitey's Ice Cream 55:72

2019

Men's Open Champion: Women's Open Champion: Men's 30-39 Champion: Women's 30-39 Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Relay Challenge:

James Warren 1:00.64 Laney Fitzpatrick 1:14.00 James Raabe 1:04.68 Jen Paul 1:19.32 Nick Dehner 1:05.68 Nancy Foxen 1:32.17 Bettendorf, IA 49:34 Rock Island, IL 57:92 Mel Foster Co. 58:61

2020 *Virtual Year

2021

Men's Open Champion: Women's Open Champion: Men's 30-39 Champion: Women's 30-39 Champion: Men's Master's Champion: Women's Master's Champion: Boys HS Relay Champion: Girls HS Relay Champion: Relay Challenge:

Jack Reemtsma 58:26 Morgan Jennings 1:11.85 Pat Conrad 1:07.10 Becky Anderson 1:20.05 Nick Dehner 1:09.05 Nancy Foxen 1:37.95 Rock Island 50:75

Davenport Assumption 58:38

Mel Foster Co. 59:70





24th Annual Quick Bix

Prairie Farms is proud to sponsor the Quick Bix, a two mile fun run or walk up the famous Brady Street hill. It starts at the same time as the seven mile Bix 7. You decide on race morning which route you want to take. The Quick Bix is a fun and festive way to do the Bix. The course is lined with live bands and other entertainment. You'll have a great time and get to participate with over 15,000 others as we "Run with the Best." Sign up now! Everyone will be timed using the Chrono Track® Timing system, sponsored by Prairie Farms. Your name and time will appear in Sunday's Quad-City Times newspaper.



The Iowa American Water Bix at 6 training runs start at 6 pm on Thursdays, June 23 & 30, and July 7 & 14. If you have registered for the Bix, join the hundreds that train every Thursday on a safe and secure course. It's a Bix tradition! Special note: Runners who register at one of the training runs or volunteer will receive a special "Bix at 6" t-shirt FREE. The start line is at the intersection of 4^{th} and LeClaire Streets. Parking is in the Quad-City Times parking lot.



Arconic's 25th Anniversary of the Jr. Bix

Arconic's Jr Bix is an exciting way for the whole family to be part of Bix weekend. This Friday event is geared toward crawlers to runners age 12 with various distances based on age. Each participant receives a medal, t-shirt and entrance into the festive post-race party.

When: Friday, July 29, 2022 starting at 6 pm

Location:

- Quad-City Times, 500 East 3rd Street, Davenport, Iowa
- 5 and under start and finish on East 3rd Street
- 6-12 start and finish on East 4th Street

All Children Receive:

- The Official 2022 Jr. Bix 7 T-Shirt
- Special Jr. Bix 7 24th Anniversary "Victory" Medal
- "Family Block Party" Sponsored by Hahn Ready Mix Company

Age Divisions:

- 5 years & under (parents welcome)
- Separate races held for each age group 3-12 years old

Distances:

- Ages 8-12 will run/walk 7/10 mile
- Ages 6-7 will run/walk 1/2 mile
- Ages 5 and under will run/walk 70 yards
- Parents feel free to run/walk with your child up to age 5

T-Shirt & Race Number Pick-Up:

- The RiverCenter, East 3rd Street, Davenport, Iowa
- Thursday, July 28, 5-9 pm
- Friday, July 29, 9 am 5 pm
- Note: Additional instructions will be provided when you pick up your race packet.

Registration Deadline:

- We will accept entries at the Thursday and Friday packet pick-up sessions at the RiverCenter.
- Entry Fee \$20 until July 28, 2022
- Late Entry Fee \$22
- Make checks payable to: Jr. Bix 7





Bix 7 High School Challenge

Be the first male or female high school runner from lowa or Illinois to cross the finish line and the Premier Buick GMC Dealers will present a check for \$1,000 to your high school!

For participation runners must be in High School or graduating before June 15.

Participants must indicate their High School on the application to be eligible.

2013 Men	Ethan Adlfinger	37:30	Alleman High School, IL
Women	Stephanie Jenks	42:37	Linn-Mar High School, IA
2014 Men	Mason Tope	39:30	Davenport Central HS, IA
Women	Grace Coen	46:37	Newton High School, IA
2015 Men	Karson Sommer	38:57	Pleasant Valley High, IA
Women	McKenzie Yanek	44:12	Pleasant Valley High, IA
2016 Men	Nicholas Yanek	37:23	Pleasant Valley High, IA
Women	McKenzie Yanek	42:25	Pleasant Valley High, IA
2017 Men	Brayden Hamblen	37:20	Rock Falls, High School, IL
Women	Anna Hostetler	42:56	Mid Prairie, High School, IA
2018 Men	Spencer Smith	36:31	Alleman High School, IL
Women	Reagan Gorman	42:56	CR Washington High, IA
2019 Men	Dawson Smith	38.14	Rock Falls High School, IL
Women	Ailey Mitchell	45:41	Shelbyville High School, IL
2020 Men	Max Murphy	37:28	Pleasant Valley High, IA
Women	Jenna McCollough	58:46	Buffalo Grove, IL
2021 Men	Oliver Burns	37:49	Plainfield North, IL
Women	Grace Boleyn	47:01	Pleasant Valley High, IA



Sports and Fitness Expo

Running Wild has been proud to support the QC running community since 1991. A Bix 7 sponsor since 1998, Running Wild is dedicated to promoting running, walking and general fitness to participants of all abilities and is the presenting sponsor of the "Running Wild Sports and Fitness Expo".

Plan to attend the Sports and Fitness Expo at the Davenport River Center on Thursday 5-9pm or Friday 9am-8pm. Admission to the Sports and Fitness Expo is free and open to the public.



Bix 7 Volunteers

Genesis Health System has been involved with the Quad-City Times Bix 7 since the beginning of the great community event and is proud to be a sponsor again in 2022 on behalf of our employees and the 5,000 Bix 7 volunteers. The amazing spirit of volunteers highlights what makes the Quad Cities a great place to live. Among those tireless volunteers are our own Genesis health professionals, who have been providing medical assistance at the Bix Medical Tent for more than 30 years. We thank Bix participants who donate to the Family Connects and Breast Health patients. Go to **bix7.com** to volunteer!



Doug Cropper, President and Chief Executive Officer, Genesis Health System



Post Race Party

Celebration time begins after the race and Walmart knows how to throw a party! After you cross the finish line, make your way to the Quad-City Times parking lot. Walmart, Whitey's, and Chick-fil-A, along with our other great sponsors, will be waiting with food, fun and beverages.





Walk or run – let's have fun! Great prizes awarded for the Costume Contest. Contest takes place in the Quad-City Times parking lot after the race. Contest sponsored and hosted by 101-3 KISS-FM and Q106.5.

The Gregg Newell Award

The Gregg Newell Award was established in 2009 by the Bix 7 race committee. Gregg Newell is the only Quad-Cities resident ever to have won the annual race through the streets of Davenport. He was a standout runner at the Davenport Central High School, winning a State Championship in the mile run in 1972. At the University of lowa, he once ran the mile in 4:01 and in the years following Graduation he found great success in his hometown race. He finished second in the Bix 7 in both 1977 and 1978, and finally won it in 1979 by the second largest margin in history – 53 seconds.



He passed away suddenly in 1989, prompting Bix Officials to retire Bib number 5, honoring the fact that Newell won the race in its fifth year of existence.

"The Gregg Newell Trophy"

Annually to the "The fastest male Quad-Citian" who crosses the finish line after completing the Bix 7 mile course.

Winners:

AAIIIIGI 2.		
2009	Nathaniel Hird	Rock Island, Illinois
2010	Andrew McGuire	Davenport, Iowa
2011	Tim Hird	Rock Island, Illinois
2012	Charlie Paul	Pleasant Valley, Iowa
2013	Tim Hird	Rock Island, Illinois
2014	Charlie Paul	Pleasant Valley, Iowa
2015	Tim Hird	Rock Island, Illinois
2016	Ethan Adlfinger	Milan, Illinois
2017	Mason Tope	Davenport, Iowa
2018	Zach Hird	Rock Island, Illinois
2019	Zach Hird	Rock Island, Illinois
2021	Steve Froeschle	Davenport, Iowa

The Eloise Caldwell Award

In 2011 Executive Race Director, Ed Froehlich announced that the Bix 7 would include a new award named in honor of local and nationally ranked masters runner and Bix 7 volunteer, Eloise Caldwell. The Caldwell Trophy will go to the top female finisher from the Quad-Cities in the race. In 2009 the event included the Gregg Newell Trophy for the top local male finisher, but Froehlich said he thought it was important to have a companion award for women. "I can't think of anyone better we could recognize to represent all the female runners in the Quad-Cities," Froehlich said. Eloise Caldwell, was one of just three women to run in the inaugural Bix race in 1975. She also has been a 4 time Bix 7 Women's Master's Champion.



"The Eloise Caldwell Trophy"

Annually to the "The fastest female Quad-Citian" who crosses the finish line after completing the Bix 7 mile course.

Winners:

2011 2012 2013 2014 2015 2016 2017 2018 2019	Jen Paul Jen Paul Jen Paul Jen Paul Jen Paul McKenzie Yanek Jen Paul Addie Pulley Jen Paul	LeClaire, Iowa LeClaire, Iowa LeClaire, Iowa LeClaire, Iowa LeClaire, Iowa Bettendorf, Iowa LeClaire, Iowa Milan, Illinois LeClaire, Iowa
2019	Kelsey Allbaugh	Bettendorf, Iowa

Yearly Participation and Growth

Starting in 1998 the Quick Bix and the Jr. Bix participants were added to the Bix 7 total

<u>Year</u>	# of Entries	% Growth	<u>Year</u>	# of Entries	% Growth
1975	84	n/a	1999	23,182	5%
1976	114	36%	2000	18,523	-20%
1977	350	207%	2001	18,958	2%
1978	500	43%	2002	19,558	3%
1979	800	60%	2003	19,854	2%
1980	1,500	88%	2004	20,127	1%
1981	2,500	67%	2005	20,211	.5%
1982	4,100	64%	2006	19,397	-4%
1983	5,620	37%	2007	18,449	-5%
1984	6,750	20%	2008	16,795	-9%
1985	7,174	6%	2009	18,335	9%
1986	9,325	30%	2010	17,598	-4%
1987	12,375	33%	2011	18,056	3%
1988	12,425	0%	2012	18,138	1%
1989	15,639	26%	2013	18,511	1%
1990	16,521	6%	2014	18,949	1%
1991	18,124	10%	2015	17,293	-9%
1992	18,246	1%	2016	17,780	2%
1993	16,859	-8%	2017	17,279	-3%
1994	20,097	19%	2018	12,766	-24%
1995	18,354	-9%	2019	12,256	-4%
1996	18,108	-1%	2020	3,500 (virtual)	NA
1997	18,388	2%	2021	9,750	
1998	22,143	20%			

All-Time Weather Data

<u>Year</u>	Temp.	<u>Humid.</u>	Dewpt.	<u>Wind</u>	<u>High*</u>	<u>Precip.</u>
7/26/75	69	76%	61	S-8	85	Zero
7/31/76	72	90%	69	N-10	81	Zero
7/30/77	73	79%	66	SE-5	95	Zero
7/29/78	74	74%	66	SW-12	72	.02
7/28/79	73	93%	71	NE-6	85	.01
7/26/80	70	90%	67	SE-6	78	.88
7/25/81	69	90%	66	E-6	84	.94
7/24/82	68	87%	63	E-4	86	Zero
7/30/83	75	91%	72	Calm	94	Trace
7/28/84	62	84%	57	NE-7	79	Zero
7/27/85	66	87%	62	Calm	86	Zero
7/26/86	73	87%	69	E-7	86	Zero
7/25/87	75	94%	73	Calm	99	Zero
7/30/88	77	85%	72	SW-7	97	Zero
7/29/89	66	87%	61	E-9	82	Trace
7/28/90	77	82%	71	S-15	84	.30
7/27/91	63	69%	55	E-4	83	Zero
7/25/92	68	100%	68	Calm	82	1.8
7/24/93	71	90%	68	S-6	84	.50
7/30/94	69	73%	60	Calm	82	Zero
7/29/95	74	78%	67	Calm	93	Zero
7/27/96	70	90%	81	Calm	81	Zero
7/26/97	83	80%	74	Calm	98	Zero
7/25/98	62	70%	62	Calm	82	Zero
7/31/99	78	86%	73	NW-7.7	87	Trace
7/22/00	63	65%	56	W-4	81	Zero
7/21/01	71	90%	70	S-7	90	1.27
7/20/02	74	85%	69	SE-7	93	Zero
7/26/03	73	71%	63	SW-14	87	Zero
7/24/04	61	72%	52	E-7	69	Zero
7/30/05	69	84%	64	SE-10	88	Zero
7/29/06	79	84%	74	SE-4	94	Zero
7/28/07	72	78%	65	NE-10	81	Zero

7/26/08	72	81%	66	NW-7	84	Zero
7/25/09	66	81%	60	NW-4	79	Zero
7/24/10	70	90%	67	S-5	87	1.10"
7/30/11	77	82%	71	SE-5.7	89	Zero
7/28/12	70	78%	63	E-7	82	Zero
7/27/13	57	80%	51	NW-12	66	Zero
7/26/14	69	84%	64	E-6	85	zero
7/25/15	73	83%	70	SW-5	90	Zero
7/30/16	72	81%	66	NE-3	84	Trace
7/29/17	68	73%	59	NE-6	80	Zero
7/28/18	65	84%	60	W-3	79	Zero
7/27/19	75	82%	63	NW-6	80	Zero
2020	NA	NA	NA	NA	NA	NA
7/24/21	78	79%	74	SW-9	90	zero

All readings taken at race start time – 8 a.m. C.T. / Provided by National Weather Service *Daytime high temperature



USA Track & Field Quad-City Times Bix 7 7 Mile National Championship Results

Men's:

<u>Year</u>	<u>Name</u>	<u>Country</u>	<u>Time</u>
2002	Meb Keflezighi	San Diego, CA	32:36
2009	Meb Keflezighi	San Diego, CA	32:25
2010	Ryan Hall	Mammoth Lakes, CA	32:55
2014	Sean Quigley	Boulder, CO	33:28
2017	Sam Chelanga	Manitou Springs, CO	32:53

<u>Year</u>	<u>Name</u>	<u>Country</u>	<u>Time</u>
2002	Colleen DeReuck	Boulder, CO	37:44
2009	Molly Huddle	Providence, RI	37:39
2010	Lisa Koll	Fort Dodge, IA	37:52
2014	Molly Huddle	Providence, RI	36:14
2017	Aliphine Tulliamuk	Santa Fe, NM	36:30



All-Time American Top 10 Performances

Men's:

	<u>Year</u>	<u>Name</u>	Country	<u>Time</u>
1	1989	Marc Nenow	Sacramento,CA	32:17
2	1991	Ken Martin	Santa Fe, NM	32:21
3	2009	Meb Keflezighi	San Diego, CA	32:25
4	2007	Meb Keflezighi	San Diego, CA	32:26
5	1989	Steve Spence	Chambersburg,PA	32:33
6	2002	Meb Keflezighi	San Diego, CA	32:36
7	2013	Meb Keflezighi	San Diego, CA	32:39
8	2003	Meb Keflezighi	San Diego, CA	32:41
9	1982	Bill Rodgers	Boston, MA	32:45
10	1985	Mark Curp	Lee Summitt, MO	32:53

1	2014	Molly Huddle	Providence, RI	36:14
2	1994	Olga Appell	Albuqueque,MO	36:15
3	1993	Anne Maria Lethko	Glen Gardner, NJ	36:32
4	1994	Anne Maria Lethko	Glen Gardner, NJ	36:32
5	1998	Anne Maria Lauck (Lethko)	Glen Gardner, NJ	36:46
6	1996	Annette Peters	Eugene, OR	36:47
7	1998	Libby Hickman (Johnson)	Ft. Collins, CO	36:53
8	1989	Judy St. Hilaire	Hingham, MA	36:57
9	1992	Trina Painter	Flaggstaf, AZ	36:57
10	1992	Libbie Johnson	Fort Collins, CO	37:12

<u>Men's</u>

	<u>Name</u>	<u>Country</u>	<u>Time</u>
1	Sean Quigley	United States	33:28
2	Christo Landry	United States	33:32
3	Maverick Darling	United States	33:43
4	Stephen Pifer	United States	33:49
5	Jonathan Peterson	United States	33:55
6	Diego Estrada	United States	34:00
7	Elliott Kruse	United States	34:01
8	Ahmed Osman	United States	34:04
9	Josaphat Boit	United States	34:06
10	Matt Liano	United States	34:08

	<u>Name</u> <u>Country</u>		<u>Time</u>
1	Molly Huddle	United States	36:14
2	Sara Hall	United States	37:21
3	Rachel Ward	United States	37:30
4	Lauren Kleppin	United States	37:35
5	Lindsey Scherf	United States	38:05
6	Brianne Nelson	United States	38:16
7	Amy Hastings	United States	38:27
8	Mattie Suver	United States	38:39
9	Carla Santucci	United States	38:43
10	Laura Batterink	United States	38:55

<u>Men's</u>

	<u>Name</u>	<u>Country</u>	<u>Time</u>
1	Ryan Hall	United States	32:55
2	Ed Moran	United States	33:00
3	Sean Quigley	United States	33:05
4	Antonio Vega	United States	33:08
5	James Carney	United States	33:21
6	lan Burrell	United States	33:24
7	Ben True	United States	33:27
8	Scott Bauhs	United States	33:28
9	Andrew Carlson	United States	33:35
10	Bobby Mack	United States	34:04

	<u>Name</u>	<u>Country</u>	<u>Time</u>
1	Lisa Koll	United States	37:52
2	Amy Hastings	United States	38:33
3	Andrea Walkonen	United States	38:43
4	Blake Russell	United States	39:23
5	Lindsay Allen	United States	39:57
6	Erin Moeller	United States	40:07
7	Clara Peterson	United States	40:09
8	Kim Conley	United States	40:13
9	Emily Mortensen	United States	40:39
10	Zola Gomez	United States	41:10

Men's:

	<u>Name</u>	Country	<u>Time</u>
1	Meb Keflezighi	United States	32:25
2	Anthony Famiglietti	United States	32:56
3	James Carney	United States	33:17
4	Brian Olinger	United States	33:30
5	Antonio Vega	United States	33:35
6	Josh Moen	United States	33:36
7	Bret Schoolmeester	United States	33:41
8	Dan Browne	United States	33:44
9	Forest Braden	United States	33:50
10	lan Burrell	United States	33:56

	Name Country		<u>Time</u>
1	Molly Huddle	United States	37:39
2	Serena Burla	United States	37:44
3	Magdalena Lewey-Boulet	United States	37:46
4	Isla Paulson	United States	37:54
5	Sally Meyerhoff	United States	38:04
6	Jill Steffens	United States	38:42
7	Rachel Marchand	United States	38:45
8	Kristen Lehmkuhle	United States	38:54
9	Meghan Armstrong	United States	39:06
10	Kelly Jaske	United States	39:17

Men's:

	<u>Name</u>	Country	<u>Time</u>
1	Meb Keflezighi	United States	32:36
2	Abdi Abdirahman	United States	33:28
3	Kyle Baker	United States	33:33
4	Brian Sell	United States	33:49
5	Jeff Campbell	United States	34:00
6	Ryan Kirkpatrick	United States	34:09
7	Phillimon Hanneck	United States	34:10
8	Rod DeHaven	United States	34:15
9	Scott Strand	United States	34:19
10	Keith Dowling	United States	34:24

	<u>Name</u>	<u>Country</u>	<u>Time</u>
1	Colleen DeReuck	United States	37:44
2	Katie McGregor	United States	38:25
3	Libbie Hickman	United States	38:43
4	Cheri Kenah	United States	38:50
5	Jeanne Hennessy	United States	38:55
6	Rosa Gutierrez	United States	39:39
7	Monica Hostetler	United States	39:43
8	Nicole Kulikov	United States	39:47
9	Kim Pawelek	United States	40:10
10	Faith Byrum	United States	40:27

All-Time Men's Open Champions

<u>Year</u>	<u>Name</u>	Country	<u>Time</u>	
1975	Lucian Rosa	Sri Lanka	34:33	
1976	Dan Copper	United States	36:47	
1977	Kevin McDonald	United States	36:50	
1978	John Lodwick	United States	34:56	
1979	Gregg Newell	United States	35:40	
1980	Bill Rodgers	United States	33:58	
1981	Bill Rodgers	United States	33:26	
1982	Rob de Castella	Australia	32:21	
1983	Joseph Nzau	Kenya	33:10	
1984	Ashley Johnson	South Africa	33:01	
1985	Mark Curp	United States	32:54	
1986	Geoff Smith	Great Britain	33:16	
1987	Joseph Nzau	Kenya	33:24	
1988	Mark Curp	United States	33:22	
1989	Marc Nenow	United States	32:17	
1990	Steve Kogo	Kenya	32:47	
1991	Ken Martin	United States	32:21	
1992	Alejandro Cruz	Mexico	32:21	
1993	Thomas Osano	Kenya	32:10	
1994	Benson Masya	Kenya	31:56	
1995	Phillimon Hanneck	Zimbabwe	32:08	
1996	Peter Githuka	Kenya	32:05	
1997	Khalid Khannouchi	Morocco	32:54	
1998	John Korir	Kenya	31:51:99 (cr)	
1999	John Korir	Kenya	32:59	
2000	Mark Yatich	Kenya	32:31	
2001	John Korir	Kenya	32:24	
2002	Meb Keflezighi	United States	32:36	
2003	John Korir	Kenya	32:34	
2004	John Korir	Kenya	32:36	
2005	Gilbert Okari	Kenya	32:24	
2006	Lawrence Kiprotich	Kenya	32:13	
2007	Duncan Kibet	Kenya	32:15	

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All-Time Men's Open Champions Continued

<u>Year</u>	<u>Name</u>	<u>Country</u> <u>Time</u>	
2008	Edward Muge	Kenya	32:16
2009	Meb Keflezighi	United States	32:25
2010	Ryan Hall	United States	32:55
2011	Silas Kipruto	Kenya	32:36
2012	Silas Kipruto	Kenya	32:31
2013	Leonard Korir	Kenya	32:15
2014	Sean Quigley	United States	33:28
2015	Leonard Korir	Kenya	33:06
2016	Silis Kipruto	Kenya	33:03
2017	Sam Chelanga	United States	32:53
2018	Belay Tilahun	Ethiopia	32:39
2019	Leonard Barsoton	Kenya	32:34
2020	Virtual Race		
2021	Leonard Korir	Kenya	32:48

All-Time Women's Open Champions

<u>Year</u>	<u>Name</u>	Country Time	
1975	Kim Merritt	United States	41:04
1976	Kim Merritt	United States 41:33	
1977	Lynn Schmidt	United States 42:45	
1978	Kathy Loper	United States	45:38
1979	Ilene Kimsey	United States	46:25
1980	Peggy Schott	United States	41:11
1981	Bev Roland Miller	United States	41:26
1982	Ellen Hart	United States	38:42
1983	Joan Benoit	United States	37:26
1984	Kellie Cathey	United States	38:04
1985	Joan Benoit Samuelson	United States	37:38
1986	Joan Benoit Samuelson	United States	37:56
1987	Francie Larrieu Smith	United States	38:10
1988	Joan Benoit Samuelson	United States	37:59
1989	Erin Baker	New Zealand	36:35
1990	Maria Trujillo	U.S./Mexico	37:58
1991	Uta Pippig	Germany 37:04	
1992	Olga Markova	Russia	36:48
1993	Uta Pippig	Germany	36:27
1994	Tegla Louroupe	Kenya	36:02
1995	Anne Hare	New Zealand	37:33
1996	Hellen Kimaiyo	Kenya	36:18
1997	Colleen De Reuck	South Africa	37:34
1998	Colleen De Reuck	South Africa	36:38
1999	Catherine Ndereba	Kenya	37:30
2000	Colleen De Reuck	South Africa	36:42
2001	Catherine Ndereba	Kenya	37:05
2002	Colleen De Reuck	United States	37:44
2003	Catherine Ndereba	Kenya 37:12	
2004	Susan Chepkemei	Kenya 35:24	
2005	Nuta Olaru	Romania	36:53
2006	Susan Chepkemei	Kenya 37:35	
2007	Wude Ayalew	Ethiopia 36:57	

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All-Time Women's Open Champions Continued

<u>Year</u>	<u>Name</u>	Country	<u>Time</u>	
2008	Edith Masai	Kenya	37:20	
2009	Molly Huddle	United States	37:39	
2010	Lisa Koll	United States	37:52	
2011	Caroline Rotich	Kenya	36:42	
2012	Margaret Muriuki	Kenya	36:17	
2013	Sue Utura	Ethiopia	36:34	
2014	Molly Huddle	United States	36:14	
2015	Cynthia Limo	Kenya	36:57	
2016	Mary Keitany	Kenya	35:20 (cr)	
2017	Aliphine Tuliamuk	United States	36:30	
2018	Margaret Muriuki	Kenya	35:57	
2019	Joyciline Jepkosgei	Kenya	36:04	
2020	Virtual Race			
2021	Edna Kiplagat	Kenya	37:17	

All-Time Top 10 Open Division Performances

Men's:

	<u>Year</u>	<u>Name</u>	Country	<u>Time</u>
1	1998	John Korir	Kenya	31:51:99
2	1998	Mark Yatich	Kenya	31:52
3	1994	Benson Masya	Kenya	31:56
4	1998	Ondoro Osoro	Kenya	32:00
5	1996	Peter Githuka	Kenya	32:06
6	1995	Phillimon Hanneck	Zimbabwe	32:08
7	1993	Thomas Osano	Kenya	32:10
8	1994	Lazarus Nyakeraka	Kenya	32:10
9	1995	Simon Morolong	South Africa	32:11
10	2006	Lawrence Kiprotich	Kenya	32:13

	<u>Year</u>	<u>Name</u>	<u>Country</u>	<u>Time</u>
1	2016	Mary Keitany	Kenya	35:20
2	2004	Susan Chepkemei	Kenya	35:24
3	2004	Constantina Tomescu-Dita	Romania	35:36
4	2018	Margaret Muriuki	Kenya	35:57
5	1994	Tegla Loroupe	Kenya	36:02
6	2018	Caroline Rotich	Kenya	36:13
7	2014	Molly Huddle	United States	36:14
8	1994	Olga Appell	United States	36:15
9	2012	Margaret Muriuki	Kenya	36:17
10	1996	Hellen Kimaiyo	Kenya	36:18

All-Time Men's Master Champions

<u>Year</u>	<u>Name</u>	Country	<u>Time</u>
1975	Darrell Smith	United States	44:50
1976	Darrell Smith	United States	45:47
1977	Buel Limning	United States	45:45
1978	Gerald Koch	United States	39:46
1979	Bart Bontems	United States	44:08
1980	Jerry Anders	United States	*
1981	Jerry Anders	United States	38:59
1982	Jerry Anders	United States	38:35
1983	Bruce Hopkins	United States	40:05
1984	George Keim	United States	36:56
1985	Bruce Mortenson	United States	36:12
1986	Bruce Mortenson	United States	37:21
1987	Bruce Mortenson	United States	37:26
1988	Bill Rodgers	United States	34:09
1989	Wilson Waigwa	Kenya	34:17
1990	John Campbell	New Zealand	33:05 (mr)
1991	John Campbell	New Zealand	34:58
1992	Nick Rose	Great Britain	33:52
1993	Nick Rose	Great Britain	34:41
1994	Joseph Nzau	Kenya	35:42
1995	Garry Henry	Australia	35:38
1996	Dan Lawson	United States	36:11
1997	Dan Lawson	United States	39:42
1998	Jon Sinclair	United States	35:40
1999	Mark Curp	United States	36:36
2000	Simon Karori	Kenya	35:42
2001	Phil Kauder	United States	37:55
2002	Eddy Hellebuyck	United States	35:39
2003	Jim McCoy	United States	39:58
2004	Phil Kauder	United States	37:59

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All-Time Men's Master Champions Continued

<u>Year</u>	<u>Name</u>	<u>Country</u>	<u>Time</u>
2005	Phil Kauder	United States	38:41
2006	Antonio Holgain	United States	39:04
2007	Dan Kilburg	United States	38:27
2008	Jerry Lack	United States	39:55
2009	Erik Bush	United States	39:30
2010	Kevin Somer	United States	39:42
2011	Joel Karls	United States	40:19
2012	Kelly Mortensin	United States	37:50
2013	Russell Stein	United States	38:21
2014	Byran Glass	United States	36:47
2015	Meb Keflezighi	United States	34:01
2016	Bryan Glass	United States	37:17
2017	Emisael Favela	United States	37:48
2018	Bryan Glass	United States	37:24
2019	Bryan Glass	United States	37:27
2021	Bryan Glass	United States	38:10

^{*}Chronomix failed due to rain storm.

All-Time Women's Master Champions

<u>Year</u>	<u>Name</u>	Country	<u>Time</u>
1975	Eloise Caldwell	United States	65:43
1976	No Master Female Competed		
1977	Eloise Caldwell	United States	60:30
1978	Eloise Caldwell	United States	57:09
1979	Thelma Pennebaker	United States	56:48
1980	Eloise Caldwell	United States	*
1981	Thelma Pennebaker	United States	54:25
1982	Kathy Loper	United States	44:07
1983	Kathy Loper	United States	45:56
1984	Kathy Loper	United States	44:41
1985	Judy Tolliver	United States	47:50
1986	Kathleen Hennessey	United States	46:02
1987	Nancy Kapheim	United States	49:00
1988	Priscilla Welch	Great Britain	40:09
1989	Laurie Binder	United States	40:06
1990	Laurie Binder	United States	40:42
1991	Laurie Binder	United States	39:28 (**)
1992	Barbara Filutze	United States	41:48
1993	Carol McLatchie	United States	40:31
1994	Barbara Filutze	United States	41:46
1995	Lorraine Moller	New Zealand	40:10
1996	Jane Welzel	United States	39:37
1997	Joan Benoit Samuelson	United States	40:44
1998	Joan Benoit Samuelson	United States	39:29
1999	Joan Benoit Samuelson	United States	40:17
2000	Joan Benoit Samuelson	United States	41:10
2001	Janet Robertz	United States	39:37
2002	Noreen Shea	United States	45:51
2003	Janet Robertz	United States	40:22
2004	Joan Benoit Samuelson	United States	43:49

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All-Time Women's Master Champions Continued

<u>Year</u>	<u>Name</u>	Country	<u>Time</u>
2005	Lyubov Kremleva	Russia	41:51
2006	Joan Benoit Samuelson	United States	46:50
2007	Joan Benoit Samuelson	United States	43:05
2008	Joan Benoit Samuelson	United States	42:36
2009	Joan Benoit Samuelson	United States	42:31
2010	Joan Benoit Samuelson	United States	43:11
2011	Joan Benoit Samuelson	United States	44:39
2012	Jennifer Kultala	United States	43:44
2013	Joan Benoit Samuelson	United States	44:43
2014	Joan Benoit Samuelson	United States	43:38
2015	Joan Benoit Samuelson	United States	46:16
2016	Cynthia Sanger	United States	44:49
2017	Joan Benoit Samuelson	United States	45:50
2018	Erika Holroyd	United States	43:53
2019	Shannon Mauser-Suing	United States	45:34
2021	Kate Mauer	United States	48:29

^{*}Chronomix failed due to rain storm. **2008 Edith Masi Kenya 37.20 (mr) Champion at 41

All-Time Top 10 Master's Division Performances

Men's:

	<u>Year</u>	<u>Name</u>	<u>Country</u>	<u>Time</u>
1	1990	John Campbell	New Zealand	33:05
2	1992	Nick Rose	Great Britain	33:52
3	2015	Meb Keflezighi	United States	34:01
4	1988	Bill Rodgers	United States	34:09
5	1989	Wilson Waigwa	Kenya	34:17
6	1992	Joseph Nzau	Kenya	34:18
7	1993	Nick Rose	Great Britain	34:41
8	1991	John Campbell	New Zealand	34:58
9	1988	Bill Rodgers	United States	35:10
10	1992	Pierre Levisse	France	35:21

Women's:

	<u>Year</u>	<u>Name</u>	<u>Country</u>	<u>Time</u>
1	2008	Edith Masai	Kenya	37.20*
2	1991	Laurie Binder	United States	39:28
3	1998	Joan Benoit Samuelson	United States	39:29
4	1996	Jane Welzel	United States	39:37
5	2001	Janet Robertz	United States	39:37
6	1989	Laurie Binder	United States	40:06
7	1988	Priscilla Welch	Great Britain	40:09
8	1995	Lorraine Moller	New Zealand	40:10
9	1999	Joan Benoit Samuelson	United States	40:17
10	2003	Janet Robertz	United States	40:22

^{*2008} Edith Masai Open Women's Champion

All-Time MEN Age Group Performances

Age Group: 40-44

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2009	Terry Gendron	LeClaire, IA	40:24
2	2009	Tom Buchanon	Bartlett, IL	40:32
3	2017	Michael Dorr	Avon, CO	40:32
4	2007	Michael Kabela	North Liberty, IA	40:34
5	2012	Christian Reed	Columbia, MO	40:40

Age Group: 45-49

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2007	Russell Boore	Hampton, IL	40:03
2	2007	Phil Kauder	Cascade, IA	40:25
3	2010	David Bailey	Davenport, IA	40:35
4	2014	Kevin Somner	Bettendorf, IA	40:48
5	2010	Jerry Lack	East Moline, IL	41:03
5	2008	David Bailey	Davenport, Iowa	41:03

Age Group: 50-54

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2007	Dan Lawson	Gaithersburg, MD	41:02
2	2007	Rich Fuller	Bettendorf, IA	41:03
3	2009	Jim McCoy	Madison, WI	41:18
4	2013	David Bailey	Davenport, IA	41:27
5	2008	Jim McCoy	Madison, WI	41:36

Age Group: 55-59

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2018	Todd Reller	Newburgh, IN	42:13
2	2013	David Lillyman	Mahomet, IL	42:32
3	2010	Bob Garcia	LaVista, NE	42:54
4	2018	Don Fredericks	Geneseo, IL	43:01
5	2017	Don Fredericks	Geneseo, IL	43:16

Age Group: 60-64

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2014	Joe Reda	Deforest, WI	45:26
2	2010	Peter Matthias	Sheboygan, WI	45:54
3	2009	Angelo Rinchiuso	Decatur, IL	46:04
4	2010	Doug Newton	Peoria, IL	46:08
5	2012	Doug Newton	Peoria, IL	46:13

All-Time MEN Age Group Performances

Age Group: 65-69

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2018	James Petersen	Davenport, IA	44:56
2	2009	Ron Brault	Fond Du Lac, WI	47:06
3	2014	Angelo Rinchiuso	Decatur, IL	47:38
4	2010	Ron Brault	Fon DuLac, WI	50:04
4	2010	Frank Davis	Rock Falls, IL	50:15

Age Group: 70-74

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2016	Terry Van Natta	Sugar Grove, NC	52:49
2	2009	Ronn Baker	Omaha, NE	53:43
3	2010	Frank Bay	Milan, IL	54:08
4	2017	Richard Kutzner	Casa Grande, AZ	54:18
5	2014	Ron Brault	Fond Du Lac, WI	54:36

Age Group: 75-79

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2009	Sabino Rangel	Muscatine, IA	54:34
2	2018	Richard Kutzner	Casa Grande, AZ	54:58
3	2010	Thomas Joslin	Elmwood Park, IL	58:21
4	2007	Warren Bystedt	Grand Junction, CO	59:03
5	2014	David Zimmer	Long Grove, IA	1:00.28

Age Group: 80-99

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2018	Herb Townsend	Naples, FL	1:08.49
2	2017	Joe Zimmer	Boise, ID	1:14.01
3	2015	Joe Zimmer	Boise, ID	1:15.33
4	2016	Joe Zimmer	Boise, ID	1:16.14
5	2009	Chet Wildemuth	Blue Grass, IA	1:18.35

All-Time WOMEN Age Group Performances

Age Group: 40-44

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2008	Edith Masai	Kenya	37:20
2	2010	Linda Sawvell	Bettendorf, IA	46:28
3	2018	Colleen Webb	Des Moines, IA	46:28
4	2018	Sharon Todd	Bettendorf, IA	46:43
5	2018	Kathy Pearman	Deerfield, IL	47:16

Age Group: 45-49

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2007	Noreen Shea	Denver, CO	47:16
2	2014	Kelley Timmerman	Geneseo, IL	47:17
3	2010	Kelley Timmerman	Geneseo, IL	47:20
4	2010	Bridget Carlson	Aurora, IL	47:52
5	2016	Mary Schumacher	Davenport, IA	47:57

Age Group: 50-54

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2018	Kelley Timmerman	Geneseo, IL	48:34
2	2016	Susan Riley	Columbus, OH	48:50
3	2016	Kelly Timmerman	Geneseo, IL	49:05
4	2007	Cynthia Woods	Bolingbrook, IL	49:14
5	2008	Tricia McClain	Altoona, IA	49:18

Age Group: 55-59

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2018	Bridget Carlson	Aurora, IL	50:23
2	2013	Andriette Wickstrom	Storm Lake, IA	50:49
3	2007	Janelle Swanberg	Davenport, IA	51:15
4	2014	Andriette Wickstrom	Storm Lake, IA	51:32
5	2012	Andriette Wickstrom	Storm Lake, IA	52:02

Age Group: 60-64

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2018	Joan Samuelson	Freeport, ME	49:01
2	2015	Andriette Wickstrom	Storm Lake, IA	51:42
3	2016	Andriette Wickstrom	Storm Lake, IA	51:44
4	2018	Andriette Wickstrom	Storm Lake, IA	51:57
5	2017	Andriette Wickstrom	Storm Lake, IA	52:29

All-Time WOMEN Age Group Performances

Age Group: 65-69

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2017	Kathleen Schmitt	Bettendorf, IA	57:59
2	2008	Kathy Loper	San Diego, CA	58:40
3	2018	Kathleen Schmitt	Bettendorf, IA	58:41
4	2009	Kathy Loper	San Diego, CA	59:07
5	2013	Jan Daker	Bellville, IL	59:52

Age Group: 70-74

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2018	Gwenell Hobson	Albany, IL	1:03.36
2	2017	Patricia Boelk	Bettendorf, IA	1:04.08
3	2013	Kathy Loper	San Diego, CA	1:04.11
4	2016	Patrica Boelk	Bettendorf, IA	1:05.10
5	2018	Patrica Boelk	Bettendorf, IA	1:05.14

Age Group: 75-79

2007-present results

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2017	Sally Tueckes	Brentwood, CA	1:00.27
2	2007	Lois Gilmore	Janesville, WI	1:05.49
3	2008	Lois Gilmore	Janesville, WI	1:08.27
4	2010	Lois Gilmore	Janesville, WI	1:09.53
5	2009	Louis Gilmore	Janesville, WI	1:10.00

Age Group: 80-99

	<u>Year</u>	<u>Name</u>	Country/City/State	<u>Time</u>
1	2011	Lois Gilmore	Janesville, WI	1:12.51
2	2009	Patricia Zelinskas	Dubuque, IA	1:14.11
3	2012	Lois Gilmore	Janesville, WI	1:15.23
4	2013	Lois Gilmore	Janesville, WI	1:18.56
5	2014	Lois Gilmore	Janesville, WI	1:23.33

All-Time Men's Elite Athlete Appearances

Names listed alphabetically; followed by appearances and years.

[A] Abdirahman, Abdi (2) 02, 11; Aish, Michael (1) 07; Andom Mulue (1) 15; Ansberry, Tom (2) 92, 93; Arciniaga, Nick (1) 09; Arusei, Simon (1) 06; Assefa, Abraham (1) 99; Assefa, Belete (1) 15; Atanfu, Yitayal (1) 15; Atmani, Abdelazia (1) 11; Aulwes; Joseph (1) 11

[B] Bak, Ryan 12; Baker, Kyle (2) 02, 05; Baket, Mohamed (1) 98; Bardquist, Brad (1) 93; Barrios, Arturo (2) 94, 95; Bauhs, Scott (1) 10; Bennie, Colin (1) 21; Berhanu, Dejene (1) 08; Bill, Randy (1) 11; Bitok, Ezikiel (1) 92; Biwott, Shadrack (1) 18; Boit, Josphat (1) 14; Bor, Emmanuel (1) 17; Bowden, John (1) 90; Bozhko, Yevgen (1) 04; Braden, Forest (1) 09; Brady, Kyle (1) 11; Brantly, Keith (3) 90, 92, 93; Browne, Dan (1) 09; Buchanan, Reid (1) 17; Bungei, James (1) 96; Burrell, Ian (3) 09-11

[C] Campbell, Jeff (3) 99, 02, 04; Campbell, John (2) 90, 91; Carballo, Carlos (1) 13; Carlson, Andrew (1) 10; Carney, James (2) 09-10; Ceron, Dionicio (2) 90, 93; Chebii, Reuben (2) 04, 07; Chebon, William (2) 06, 07; Chelanga, Joshua (1) 98; Chelanga, Sam (2) 17, 21; Cheruiyot, Evans (2) 06, 07; Cheruiyot, Kenneth (2) 99, 00; Cheruiyot, Rueben (2) 01, 05; Cheulla, Jose Luis (1) 89; Chirchir, Simion (1) 18; Chumba, Linus (2) 11, 13; Christo, Landry (1) 11; Coates, Budd (1) 89; Colley, Andrew (1) 18; Coppess, Phil (14) 81-91, 94-96; Cordes, Jerod (1) 02; Cruz, Alejandro (5) 89, 91-94; Cummings, Paul (3) 83, 84, 94; Curp, Mark (9) 83-88, 90, 94, 99

[D] DaCosta, Ronaldo (2) 93, 94; Darling, Maverick (1) 14; DeCastella, Rob (3) 82, 97, 89; DeHaven, Rod (4) 90, 98, 99, 02; Deksisa, Solomon (2) 12, 15; DeLaCerda, Peter (3) 02-04; Desisa, lelisa (1) 12; Dexter, Dale (1) 09; Docherty, Dan (1) 17; Dodge, Mike (1) 86; Donakowski, Gerard (2)89, 91; Dowling, Keith (1) 02

[E] Eberly, Josh (1) 09; Eggleston, Jeffrey (1) 09; England, Chris (3) 98, 99, 04; Erassa, Kirubel (1) 17; Estrada, Diego (1) 14

[F] Famiglietti, Anthony (1) 09; Fanelli, Gary (6) 84-88, 95; Fauble, Scott (2) 17, 21; Fernandez, Eric (1) 14; Finan Eric (1) 14; Flanagan, Ben (1) 18; Flemming, Tom (3) 83, 84, 87; Flynn, Brian (1) 11; Foos, Tyler (1) 04; Fox, Chris (2) 94, 96; Froude, Derek (2) 89, 90; Fry, Scott (2) 92, 93; Furst, Stephen (1) 09

[G] Garcia, Manuel (1) 90; Gabonewe, Aaron (1) 98; Garcia, Salvador (1) 90; Gathoga, John (1) 07; Gedefa, Tolossa (1) 13; Gibson, Joe (1) 02; Gillard, Kim (1) 03; Githuka, Peter (4) 96-99; Given, Wilkerson (1) 14; Glass, Bryan (1) 11; Gompers, Paul (3) 84, 85, 88; Gonzalez, Graciano (1) 90; Green, Harry (1) 90; Grey, Jonathan (1) 17; Guerra, Silvio (2) 93, 94

[H] Haas, Stephen (1) 09; Hacker, Tim (1) 92; Hall, Ryan (1) 10; Hanneck, Phillimon (5) 95-98, 02; Harn, Max (2) 89, 90; Harroufi, Ridouane (1) 07; Hartman, Jason (1) 09; Held, Dan (1) 95; Hellebuyck, Eddy (4) 93-95, 02 Henry, Garry (2) 95, 96; Herd, Kevin (2) 94, 95; Herrera, Jesus (2) 89, 90; Higdon, Hal (2) 88, 91; Hird, Tim (1) 11; Hodge, Bob (1) 89; Hoff, Shadrock (1) 01

[I] Itati, John (3) 03, 04,11; Izewksi, Josh (1) 18

[J] Jacobs, Jeff (6) 89, 91, 93-95, 98; Jalal, Nourdine (1) 11; Johnson, Ashley (5) 84, 87-89, 95; Jones, Steve (3) 89, 94, 98; Jordan, Michael (1) 17

[K] Kaitany, Rochard (2) 83, 84; Kamais, Peter (1) 13; Kamau, Joseph (4) 95-98; Kardong, Don (2) 86, 93; Kariuki, Joseph (2) 96, 97; Karori, Simon (3) 93-95; Kebede, Tekeste (1) 01; Kebenei, Stanley (1) 11; Keflezighi, Meb (10) 02, 03, 06, 07, 09, 13, 14, 15, 16, 18; Keim, George (2) 84, 85; Kerley, Daniel (1) 11; Keter, Julius (1) 13; Khannouchi, Khalid (2) 96, 97; Kibet, Duncan (2) 07-08; Kibet, Elkanah (2) 16, 21; Kibet, Luka (1) 99; Kibowen, John (1) 06; Kihara, Daniel (2) 96, 99; Kilburg, Michael (1) 09; Kimani, Joseph (3) 96, 97, 03; Kinuthia, Ibrahim (1) 96; Kinuthia, Zackaria (1) 97; Kinyanjui, Nephat (1) 05; Kipchirchir, Henry (1) 05; Kipkoskei, John (3) 94-96; Kipkosgei Moses (1) 15; Kiplagat, Nelson (2) 04, 07; Kiplagat, Lani (1) 12; Kipkoech, Daniel (1) 08; Kiprono, Allan (2) 11, 12; Kiprotich, Godfrey (4) 92, 95-97; Kiprotich, Lawrence (1) 06; Kipruto, Silas (6) 11, 12, 13, 15, 16, 18; Kipsang, Joseph (1) 85; Kirkpatrick, Ryan (1) 02; Kirui, Abel (1) 08; Kirui, David (2) 03, 05; Kithuka, Kennedy (1) 16; Kiyai, Shadrack (1) 13; Korir, Dominic (1) 21; Korir, David (1) 04; Korir, John (8) 98-01, 03-06; Korir, Leonard (4) 13, 15, 18, 21; Klecker, Barney (2) 82, 91; Keoch, Jonah (2) 93, 94; Koech, Joseph

- (1) 05; **Kogo,** Steve (3) 90-92; **Kogo** Micah(1) 15; **Kororia,** Kibiego (1) 92; **Kosgei,** Kenneth (1) 18; **Kosgei,** Shadrack (3) 11, 12, 16; **Koskei,** James (1) 01; **Koskei,** Julius (1) 13; **Krause,** Elliot (1) 14; **Kurui,** Philip (1) 99
- [L] Labovskyy, Mykola (1) 13; Lagat, Haron (1) 17; Lalang, Lawi (1) 16; Lara, Frank (1) 21; Landry, Christo (1) 14; Llano, Matt (1) 14; Larson, Scott (1) 03; Leak, Colin (1) 18; Lehmkuhle, Jason (2) 05, 09; Lelei, Sammy (2) 92, 94; Lemporikany, Saul (1) 98; Letherby, Andrew (2) 03, 05; Letting, Robert (1) 16:Levisse, Pierre (1) 92; Lewis, Kevin (1) 17; Limo, Felix (1) 03; Lodwick, John (1) 78; Lundstrom, Chris (1) 05
- [M] Mabitle, Johannes (3) 95, 96, 98; Mack, Bobby (1) 10; Mahalsky, Ryan (1) 18; Maiyo, Linus (4) 03-05, 07; Makori, David (2) 99, 01; Mandebele, Stanley (1) 90; Maiyo, Augustus (1) 21; Marial, Guor (1) 11; Marofit, Mourad, (1) 16; Martin, Ken (4) 91-94; Masya, Benson (2) 94, 95; Mayhew, Zach (1) 14; Mayer, Dan (1) 96; McCandless, Tyler (1) 12; McClintock, Matt (2) 17, 21; McDonald, Kevin (1) 77; McGuire, Andrew (1) 11; Mekonen, Teshome (2) 16, 18; Meli Kimeli, Ernest (1) 05; Meyer, Greg (1) 90; Mislay, Michael (1) 04; Mitei, Enock (1) 01; Moen, Josh (1) 09; Mogaka, Ronald (1) 01; Molla, Solomon (1) 07; Moran, Ed (1) 10; Morolong, Simon (3) 95, 96, 98; Morris, David (2) 01, 02; Mortenson, Bruce (5) 85, 88-94; Muge, Edward (1) 08; Muindi, Alphonce (1) 97; Muindi, Jimmy (2) 95, 97; Mulinga, Charles (3) 97, 99, 00; Munakata, Yuki (1) 16; Mungai, David (1) 93; Murphy, Dave (1) 89; Musyoki, Michael (2) 90, 91, 92; Musyoki, William (1) 89; Mutisya, Gideon (3) 94, 96, 97; Mwangi, Isaac (2)) 15, 16; Myktok, Mike (2) 98, 99
- [N] Ndereba, Samuel (4) 04, 05, 07, 11; Nderitu, Julius (1) 01; Ndirangu, Simon (1) 11; Nenow, Marc (1) 89; Newell, Gregg (5) 77-81; Ndirangu, Simon (1) 12; Ndyambuki, Jonathan (1) 99; Ngandu, James (1) 21; Ng'eno, Sammy (1) 01; Ngeno, Benard (1) 18; Noirangu, Simon (1) 07; Nyakeraka, Lazarus (9) 93-01; Nyariki, Lewis (1) 12; Nyariki, Thomas (1) 07; Nzau, Joseph (11) 83, 84, 87-89, 92, 94-96, 00-01
- [O] O'Flynn, Richard (2) 91, 92; Okari, Gilbert (3) 01, 05, 06; Olinger, Brian (1) 09; Ondara, MacDonald (1) 08; Ondare, MacDonard (1) 12; O'Reilly, Michael (1) 89; Osana, Thomas (4) 93, 95-97; Osman, Ahmed (2) 14, 15; Osoro, Ondoro (1) 98; Otwori, Hezron (3) 97, 98, 00; Overall, Scott (1) 07
- [P] Peterson, Jonathan (2) 14, 15; Pfeffer, Kirk (1) 85; Pifer, Stephen (1) 14; Pitayo, Martin (3) 91-93; Plaatjes, Mark (2) 92, 93; Plasencia, Steve (1) 95; Pohren, Matt (1) 11; Puskedra, Luke (1) 17
- [Q] Quigley, Sean (2) 10, 14; Quintanilla, Armando (1) 98
- [R] Ranndich, Julius (1) 99; Rameriz, Aaron (1) 95; Reifsnyder, Bill (4) 88-91; Reyes, Leonardo (1) 91; Risso, Patrick (2) 14, 15; Romesser, Gary (4) 91, 92, 94, 95; Ronan, Andy (1) 91; Rono, Simon (1) 96; Rose, Nick (2) 92, 93; Robinson, Ian (1) 96; Rodgers, Bill (38) 1980-18; Rodriquez, Antonio (1) 92; Rodriquez, Celedonio (1) 09; Rodriguez, Gabriel (1) 04; Rono, Aron (1) 16; Rutto, Lani (2) 11, 15; Ryan, Kevin (1) 89; Ryun, Jim (1) 86
- [S] Sapienza, Jim (1) 90; Salazar, Alberto (1) 86; Sambu, Stephen (1) 21, Samoei, Isaiah (1) 15; Sang, Amos (1) 13; Sang, Silas (1) 12; Sayenko, Mike (1) 13; Scherer, John (1) 90; Schoolmeester, Bret (1) 09; Schraeder, Arnie (1) 88; Sefir, Dino (1) 13; Sell, Brian (2) 02, 09; Shay, Ryan (2) 04, 05; Sheehan, George (1) 84; Sheriff, Brian (1) 89; Shorter, Frank (4) 81-83, 88; Sigl, Tyler (1) 11; Silva, German (1) 94; Sinclair, Jon (7) 89-92, 94, 95, 98; Smith, Geoff (2) 86, 87; Spence, Steve (4) 89, 90, 95, 96; Stilin, Joe (1) 18; Strand, Scott (1) 02; Swartbooi, Lucketz (1) 95
- [T] Tadesse, Dereje (1) 08; Tanui, Geoffrey (1) 04; Tanui, Peter (1) 03; Thull, Matt (2) 02, 04; Tigezu, Lishan (1) 08; Tikue, Amanuel Mesul (1) 21; Tilahun, Belay (2) 16, 18; Treacy, John (1) 93; True, Ben (1) 10; Tsega, Dmessew (1) 08
- [U] Urge, Niigussu (1) 99
- [V] Vega, Antonio (2) 09-10; Verran, Clint (1) 02; Vigueras, Alfredo (1) 96
- [W] Waigwa, Wilson (2) 89, 92; Wangai, Simon (2) 03, 07; Wanjiku, John (1) 16; Wehrman, Chris (1) 04; Weilenmann, Pete (1) 96; Wellerding, John (8) 80, 81, 83, 85-89; Whitehead, Peter (1) 95; Williams, Matt (1) 12; Wodhouse, Jason (1) 05; Wood, Tom (1) 90; Wynia, Jerrold (4) 86-89
- [Y] Yatich, Mark (3) 98-00; Yenew, Tibebu (1) 05

[Z] Zarda, Zach (1) 17; Zewdie, Maregu (1) 08

All-Time Women's Elite Athlete Appearances

Names listed alphabetically; followed by appearances and years.

[A]Abdela, Makida (1) 13; Aleksandrova, Galina (1) 07; Alemu, Deribe (1) 07; Alemu, Birtukan (1) 18; Allen, Lindsay (1) 10; Alyanak, Ann (1) 07; Aga, Ruti (1) 15; Andersen, Kassi (1) 09; Anderson, Gabriele (1) 91; Appell, Olga (2) 94, 95; Armstrong, Meghan (1) 09; Asiago, Delillah (3) 94, 96, 97; Asiba, Gladys (7) 99-01, 04-05, 07, 11; Audian, Anne (2) 89, 91; Ayalew, Wude (1) 07

[B] Baker, Erin (3) 85, 89, 92; Barsosio, Sally (2) 01, 05; Molter-Barton, Kathy (1) 94; Belova, Natalia (1) 06; Berndt, Danielle (1) 11; Bergman, Jennifer (1) 14; Bifa, Yeshimbet (1) 12; Biktasheva, Lyudmila (1) 04; Binder, Laurie (3) 89-91; Birru, Obsei (1) 17; Blaase, Chelsea (2) 17, 18; Block, Gordon (1) 91; Bluske, Samantha (1) 11; Bogacheva, Irina (1) 92; Joyce-Bonney, Regina 3 – 93, 94, 95; Borgert, Michelle (1) 02; Lewy-Boulet, Magdalena (1) 09; Boyd, Marie (2) 90, 91; Braffet, Meghan (1) 11; Brower, Jennifer (2) 94, 95; Brown, Stephanie (1) 11; Burla, Serena (2) 09, 14; Bussa, Diane (2) 91, 92; Butler, Kathy (1) 06; Byrum, Faith (1) 02

[C] Carroll, Nyla (1) 95; Casey, Morgan (1) 11; Cathey, Kellie (4) 83-85, 89; Catalano, Patti (1) 86; Chemchumba, Joyce (2) 97, 98; Chemjor, Magdaline (1) 04; Chemutal, Faith (1) 01; Chepkemei, Susan (3) 03-04, 06; Chepkemei, Eunice (1) 05; Chepkoech, Caroline (2) 16, 18; Chepkorir, Caroline (1) 07; Chiba, Masako (2) 04, 06; Chirchir, Salina (2) 95, 97; Chulakh, Tatyana (1) 04; Ciaverella, Claudia (1) 90; Clews, Gaylene (1) 87; LeMena-Coll, Laura (1) 99; Conley, Kim (1) 10; Coogan, Gwyn (1) 95

[D] Daska, Mamitu (1) 08; Deba, Buzunesh (1) 13; Davila, Desi (1) 13; Deba, Buzunesh (1) 18; DeNinno, Lynn (3) 90-92; Denisova, Lyubov (1) 04; DeOliveria, Carmen (1) 93; DeReuck, Colleen (9) 93, 95, 97, 98-03; Devore, Sydney (1) 18; Dickerson, Marianne (1) 92; DiMercurio, Nicole (1) 18; Diriba, Buze (2) 16, 18; Tomescu-Dita, Constantina (1) 04; Doak-Davis, Nan (3) 83, 86, 87; D'Onfrio, Kathy (1) 90; Dornhoefer, Sabrina (1) 92; Dryer, Elva (1) 09; Dubrova, Dunne, Amanda (1) 11; Maryna (1) 07; DuToit, Theresa (1) 03

[E] Eide, Debbie (1) 84; Enabnit, Alana (1) 11; Erickson, Roxi (1) 94; Ettle, Janice (1) 93

[F] Feest, Nicole (1) 13; Fenstermaker, Katie (1) 11; Filutze, Barbara (6) 91-96; Fitzsimmons, Lynn (1) 99; Flanagan, Lindsey (1) 21; Forbes, Eryn (1) 84; Frey, Michelle (1) 12; Fryburg, Kristen (1) 09

[G] Galimova, Valentina (1) 12; Gathoni, Millicent (1) 12; Gdowski, Sammy (1) 90; Gesabwa, Risper (1) 12; Getaneh, Genet (1) 07; Gooch, Kay (1) 95; Gomez, Zoila (3) 06, 09-10; Gormly, Debbie (2) 94, 95; Goshu, Frehiwot (1) 12; Gradus, Kamila (1) 95; Grandt, Clara (1) 11; Grigorieva, Lydia (1) 01; Groos, Margaret (2) 89, 90; Gruca, Dorota (1) 04; Gutierrez, Rosie (1) 02

[H] Hall, Marielle (1) 17; Hall, Sara (2) 14, 17; Hannam, Anne (1) 89; Hare, Anne (1) 95; Hart, Ellen (1) 82; Hastings, Amy (2) 10, 14; Heckert, Kristen (1) 18; Henes, Laurie (1) 96; Henkiel, Cassandra (1) 02; Hennessy, Jeanne (2) 02, 04; Herzog, Adrienne (1) 13; Hickman, Libbie (5) 91-92, 96, 98, 02; Hostetler, Monica (1) 02; Huddle, Molly (2) 09, 14

[I] Ihle-Heledy, Kristi (2) 99, 01

[J] Jaske, Kelly (1) 09; Jelegat, Jemima (1) 06; Jepkosgei, Florence (1) 07; Johnstone, Kristy (2) 93, 96; Jones, Kim (10) 89-94, 96-97, 99, 00

[K] Kahura, Grace (1) 21; Kasim, Ashu (1) 08; Kedir, Rehima (1) 13; Keitany, Mary (1) 16; Kenah, Cheri (2) 96, 02; Kibii, Jane (1) 16; Kilpatrick, Debbi (4) 94-97; Kimaiyo, Olga (2) 07-08; Kinsman, Rachel (1) 04; Kimaiyo-Kipkoskei, Helen (4) 96-99; Kimutai, Alice (1) 12; Kiplagat, Edna (3) 03, 05, 21; Kiplagat, Esther (2) 01, 03; Kiplagat, Lorna (2) 97, 98; Kiprono, Leh (1) 07; Kipsoi, Gladys (1) 16; Kioko, Eunice (1) 16; Klimina, Victoria (1) 05; Klecker, Janice (2) 82, Kleppin, Lauren (1) 14; 91; Koll, Lisa (1) 10; Komu, Martha (1) 01; Kremleva, Lyubov (1) 05; Kruse, Renee (1) 02; Kulikov, Nicole (1) 02; Kuma, Eyrersalem (2) 00-01; Kwambai, Irene (1) 01

[L] Lagat, Everlyne (1) 11; Lauck, Anne Marie (4) 92-94, 98; Lehmkuhle, Kristen (1) 09; Lempesis, Catherine (1) 92; Lewis-Cary, Lisa (1) 11; Li, Meihau (1) 99; Lickteig, Kaci (1) 11; Lilienthal, Michelle (1) 09; Limika, Irene (1) 08; Limo,

Cynthia (2) 15, 16; **Linsley,** Sarah (2) 82-83; **Loroupe,** Tegla (1) 94; **Lu,** Jing (1) 99; **Lucas,** Heather (2) 94-95; **Lucas,** Julia (1) 12; **Day-Lucore,** June (2) 91-92

[M] Marchand, Racheal (1) 09; Markova, Olga (3) 91, 92, 95; Marquette, Ulla (1) 92; Masai, Edith (1) 08; Massah, Joan (1) 21; McGregor, Katie (1) 02; McLatchie, Carol (2) 92, 93; McShea, Kelly (1) 18; McWilliams, Cassie (1) 93; Mejdoub, Malik (1) 12; Mekonnin, Misiker (1) 11; Melander, McKenzie (1) 12; Merachi, Askale (1) 16; Merritt, Kim (2) 75, 76; Metivier, Renee (1) 17; Meyer, Elana (1) 97; Meyerhoff, Sally (1) 09; Mieszczak, Nancy (1) 89; Miller, Liz (1) 86; Roland-Miller, Bev (5) n/a; Moeller, Erin (1) 10; Moller, Erin (2) 07, 11; Moller, Lorraine (1) 95; Moore, Barbara (3) 89, 90, 93; Morita, Kaori (1)15; Mortensen, Emily (1) 10; Mosqueda, Sylvia (3) 99-01; Murage, Jane (2) 08, 13; Muir, Tina (1) 15; Muriuki, Margaret (1) 12; Murray, Patty (2) 90, 92; Mutuku, Angelina (1) 08

[N] Nakamura, Hitomi (2) 13, 15; Ndereba, Anastasia (3) 03-05; Ndereba, Catherine (8) 95-96, 99, 01, 03, 05, 11, 12; Nelson, Brianne (1) 16; Newberry, Kathy (1) 09; Nelson, Lynn (1) 96; Nelson, Brianne (1) 14; Ngige, Monicah (2) 16, 18; Nicolini, Kristen (1) 06; Ngige, Monicah (1) 15; Nukuri, Diane (3) 15, 18, 21; Nukuri -Johnson, Diane (3) 08, 11, 13; Nusrala, Lucy (2) 94, 96

[O] O'Brien, Cathy (3) 89, 95, 96; Okayo, Margaret (2) 98-99; O'Keefe, Fiona (1) 21; Olaru, Nuta (4) 05-08; Omoro, Jane (2) 93, 97; Ondeyo, Gladys (2) 97-98; Ondieki, Lisa (1) 95; Oshier, Nancy (2) 89-90; Owens, Casey (1) 11

[P] Painter, Trina (1) 92; Panfil, Wanda (2) 93, 96; Pappas, Alexi (1) 13; Paul, Jen (1) 11; Paulson, Ilsa (1) 09; Pawelek, Kim (1) 02; Pease, Sarah (2) 14, 17; Perez, Anita (1) 17; Perez, Madia (2) 03, 11; Peters, Annette (1) 96; Peterson, Clara (1) 10; Petrova, Tatyana (1) 04; Budd-Pieterse, Zola (1) 96; Pippig, Uta (2) 91, 93; Pooler, Kristi (1) 17; Prasad, Nadia (2) 94, 98; Prince, Connie (1) 86

[R] Rasmussen, Dorthe (2) 91, 94; Ray, Suzanne (2) 94-95; Ren, Xiujan (1) 99; Rotich, Caroline (6) 11-13, 15, 18, 21; Russell, Blake (1) 10; Ryan, Suzanne (1) 11

[S] Saina, Betsy (1) 13; Sado, Fatuma (1) 15Santucci, Clara (1) 14; Benoit-Samuelson, Joan (30) 83, 85-88, 90-92, 94-01, 03-13, 16-18; Scherf, Lindsey (2) 14, 17; Schott, Peggy (1) 80; Schuurmans, Inge (1) 91; Sena, Felicidade (1) 92; Hamrin-Senorski, Midde (1) 92; Servin, Maria (1) 96; Shigetomo, Risa (1) 15; Shue, Marty (1) 99; Simon, Lidia (2) 04, 06; Skvortsova, Silvia (2) 03, 04; Laurie-Smith, Francie (4) 87-89, 96; St. Hillaire, Judi (1) 89; Steffens, Jill (1) 09; Sutton, Marian (4) 96-99; Suver, Mattie (1) 14

[T] Talpos, Luminita (5) 03-07; Tanui, Susan (1) 17; Tenorio, Martha (2) 94, 97; Tesfaye, Semehar (1) 14; Thomas, Wendy (1) 14; Thompson, Joanna (3), 17, 18, 21; Tinega, Jelliah (2) 11, 12; Titova, Tatiana (1) 03; Todp, Melissa (1) 11; Tonn, Jessica (1) 17; Tuliamuk-Bolton, Aliphine (2) 15, 17; Trujillo, Maria (4) 89-91, 99; Tula, Deratu (1) 99

[U] Uhl, Lisa (1) 14; Utura, Sule (1) 13

[V] Van Beek, Maddie (1) 18; VanLandeghem, Ria (1) 90; Verdon, Carrie (1) 21; Viazova, Elana (1) 97

[W] Waitz, Grete (1) 93; Wacera, Mary (1) 15; Wade, Becky (1) 17; Walkinen, Andrea (1) 10; Wamahiga, Margaret (1) 18; Wanjiku, Teresa (3) 99, 04-05; Wangui, Naomi (2) 00-01; Wangui, Pauline (1) 08; Wanjiku, Josphine (1) 18; Wanjiru, Ann (1) 15; Ward, Rachael (1) 14; Webb, Brenda (1) 88; Welch, Priscilla (1) 88; Welling, Tara (1) 17; Welte, Cyndia (2) 87-88; Welzel, Jane (4) 90, 93, 96, 98; Werner, Taylor (1) 21; White, Carolyn (1) 09; Wijayarante, Hiruni (1) 18; Wilson, Liz (1) 96

[Y] Yamazaki, Rina (1) 13; Yator, Gladys (1) 16;

[Z] Zajak, Carole (1) 96

2022 Bix 7 Elite Women

Bib#	Name	Country/City/State
2	Edna Kiplagat	Kenya
4	Buruktayit Degefa	Ethiopia
6	Caroline Rotich	Kenya
10	Lanni Marchant	Canada
12	Kim Conley	Flagstaff, AZ
14	Fiona O'Keefe	Chapel Hill, NC
16	Tristan Van Ord	Blowing Rock, NC
22	Michelle Lee	Rochester Hills, MI
24	Bria Wetsch	Centennial, CO
26	Kassie Parker	Dubuque, IA

Kim Conley Bib #12

DOB: 03/14/86 (36) - Flagstaff, AZ

Pr's: 32:38 10K, 38:42 12K, 69:44 HM

Career: Two time Olympian (2012 & 2016), 7th 2022 BAA 5K, 4th 2022 Carlsbad 5000, 5th 2022 Cherry Blossom 10 Miler, 8th 2021 USATF 5K Championships, 7th 2020 USATF 15K Championships, 4th 2019 BAA 5K, 3rd 2019 Pan AM Games 5,000m, 4th 2018 USATF 5K Championship,s 1st 2017 Shamrock Shuffle 8K, 10th 2017 Gate River Run 15K

Biruktayit Degefa

Bib #04

DOB: 09/29/90 (31) - Ethiopia

Pr's: 31:24 10K, 40:37 12K, 70:25 HM, 2:22:40 Mar

Career: 8th 2022 Peachtree Road Race 10K, 1st 2022 Carlsbad 5000, 1st 2022 Cooper Bridge Run 10K, 1st 2022 Crescent City Classic 10K, 3rd 2022 Los Angeles Marathon, 9th 2021 Boston Marathon, 2nd 2020 Houston Marathon, 1st 2019 Houston Marathon, 8th 2019 Boston Marathon, 3rd 2018 Bay to Breakers 12K, 1st 2018 Houston Marathon, 2nd 2018 Rotterdam Marathon, 3rd 2017 Bay to Breakers 12K, 1st 2017 Virginia 10 Mile, 1st 2017 Garry Bjorklund Half Marathon

Edna Kiplagat

Bib #08

DOB: 11/15/79 (42) - Kenya

Pr's: 15:20 5K, 31:06 10K, 67:57 HM, 2:19:50 Marathon

Career: 3rd 2022 BAA 10K 9th 2022 NYC Half Marathon 4th 2022 Boston Marathon 2nd 2021 Boston Marathon 6th 2021 NY Mini Marathon 10K 3rd 2021 Fresh 15K, 3rd 2019 Great Manchester Run 10K, 8th 2019 Peachtree Road Race 10K, 2nd 2019 Boston Marathon, 4th 2019 IAAF World Marathon Championships, 9th 2018 Boston Marathon, 4th 2018 Berlin Marathon, 1st 2017 Boston Marathon, 2nd 2017 IAAF World Marathon Championships, 1st 2016 Peachtree Road Race 10K, 2nd 2016 Chicago Marathon, 1st 2015 London Marathon, 1st 2013 IAAF World Marathon Championships, 2012 Olympian, 1st 2011 IAAF World Marathon Championships, 1st 2010 NYC Marathon, 4th 2005 Bix 7, 6th 2003 Bix 7

Michelle Lee Bib #22

DOB: 04/20/94 (28) - Rochester Hills, MI

Pr's: 34:30 10K, 73:34 HM

Career: 2020 US Olympic Marathon Trials Participant, 2nd 2019 Rock N Roll Seattle Half Marathon, 10th 2019 Bix 7, 9th 2018 Bix 7, 1st 2018 Green Bay Marathon, 3rd 2018 Indianapolis Monumental Half Marathon, 4th 2018 California International Marathon

Lanni Marchant

Bib #10

DOB: 04/11/84 (38) - Canada

Pr's: 15:25 5K, 31:49 10K, 70:47 HM, 2;28 Mar

Career: Member of Canadian Olympic Team, 2016 Member of Canadian IAAF World Half Marathon Team 2016, 8th 2022 Atlanta Half Maratho,n 2nd 2022 Vancouver Marathon, 6th 2021 Las Vegas Half Marathon, 11th 2021 NYC Marathon, 11th 2020 Michigan Pro Half Maratho,n 8th 2017 World's Best 10K, 4th 2017 Vancouver 10K, 6th 2016 Canadian Championships 5,000m, 8th 2016 World's Best 10K, 1st 2016 Vancouver Sun Run 10K, 4th 2016 Ottawa 10K, 6th 2016 NYC Marathon

Mary Munana

Bib #08

DOB: 12/12/94 (27) - Kenya **Pr's:** 15:39 5k, 31:20 10K, 71:56 HM

Career: 1st 2022 River Bank Run 5K, 5th 2022 Cooper Bridge Run 10K, 3rd 2022 Crescent City Classic 10K, 1st 2022 River Bank Run 10K, 6th 2022 BAA 10K, 2nd 2022 Atlanta Half Maratho,n 1st 2021 River Bank Run 5K, 1st 2021 Cotton Row 10K Th 2021 Cooper Bridge Run 10K, 3rd 2021 Boston 10K For Women, 1st 2021 River Bank Run 10K, 9th 2019 Crescent City Classic 10K, 1st 2019 Mercedes Half Marathon, 3rd 2018 Valencia 10K, 7th 2017 Kenyan Championships 10,000m, 1st 2017 Heerenbery Half Marathon

Fiona O'Keefe

Bib #14

DOB: 05/24/98 (24) - Chapel Hill, NC

Pr's: 15:05 5000m, 32:47 10K, 67:42 HM

Career: 6th 2022 USATF Outdoor Championships 5,000m, 4th 2022 Houston Half Maratho,n 4th 2022 Portland Track Festival 5,000m, 3rd 2021 Bix 7, 5th 2021 Boston 10K For Women, 7th 2021 USATF 6K Championships, 9th 2021 Sound Running Invitational 5,000m, 20th 2021 US Olympic Trials 10,000m, 5th 2020 The Track Meet 10,000m, 3rd 2019 Payton Jordan Invitational 5,000m, 2nd 2019 PAC 12 Championships 5,000m, 3rd 2018 Cardinal Classic 5,000m, 7th 2018 PAC 12 Championships 10,000m

Kassie Parker

Bib

<u>#26</u>

DOB: 08/19/99 (22) - Dubuque, IA

Pr's: 15:58 5.000m. 33:03 10.000m

Career: NCAA Div III National Record Holder at 3,000m, 5,000m, 10,000 for Loras College, 2nd 2022 NCAA Division III Outdoor Championships 5,000m, 2nd 2022 NCAA Division III Outdoor Championships 10,000m, 3rd 2022 Drake Relays 5,000m, 4th 2022 Stanford Invitational 10,000m, 3rd 2022 Iowa State Classic 5,000m, 1st 2021 NCAA Division III Cross Country Championships, 2nd 2021 NCAA Division III Outdoor Championships 10,000m, 3rd 2021 Drake Relays 10,000m, 1st 2020 St Ambrose University Invitational Mile, 5th 2020 NCAA Division III Cross Country Championships, 1st 2019 NCAA Division III Outdoor Championships 10,000m, 3rd 2019 Drake Relays 10,000m

Caroline Rotich

Bib #06

DOB: 05/13/84 (38) - Kenya

PR's: 31:41 10K, 68:52 Half Mar., 2:23:22 Marathon

Career: 8th 2022 Mini Marathon 10K, 1st 2022 Pittsburgh Half Marathon, 6th 2022 LA Marathon, 4th 2021 Cherry Blossom 10 Mile, 5th 2021 Valley O.NE Half Marathon, 7th 2020 Houston Half Marathon, 3rd 2019 BAA 10K, 1st 2019 Bay to Breakers 12K, 1st 2019 Utica Boilermaker 15K, 1st 2019 Garden of the Gods 10Mile, 1st 2019 Austin Half Marathon, 1st 2019 Rock N Roll Philadelphia Half Marathon, 6th 2019 Boston Marathon, 5th 2019 Frankfurt Marathon, 2nd 2018 Bix 7, 10th 2018 NYC Half Marathon, 1st 2018 Garden of the Gods, 2nd 2018 BAA 10K, 5th 2017 Amsterdam Marathon, 2nd 2017 Rock N Roll Philadelphia Half Marathon, 4th 2017 Crim Road Race, 5th 2016 NYC Half Marathon, 3rd 2015 Bix 7, 1st 2015 Boston Marathon, 4th 2015 NYC Half Marathon, 4th 2014 Tokyo Marathon, 1st 2014 Wharf to Wharf, 3rd 2013 Bix 7, 2nd 2012 Bix 7, 1st 2012 Crim 10 Mile, 1st 2011 Bix 7

Tristan Van Ord

Bib #16

DOB: 10/03/94 (27) - Blowing Rock, NC

Pr's: 15:53 5K, 34:04 10,000m, 72:31 HM, 2:29:32 Mar

Career: 1st 2022 Litchfield Road Race 7.1 Mile, 5th 2022 Rotterdam Maratho,n 3rd 2021 Grandma's Marathon, 3rd 2020 Tallahassee Half Marathon, 9th 2020 Naples Daily News Half Marathon 2020 US Olympic Marathon Trials Participant, 8th 2018 Virginia 10 Mile

Bria Wetsch Bib #24

DOB: 05/24/88 (34) - Centennial, CO **Pr's:** 33:26 10,000m, 70:49 HM, 2:29:50 Mar

Career: 9th 2022 USATF 15K Championships, 13th 2022 Houston Half Marathon, 15th 2022 Boston Marathon, 10th 2021 USATF 10K Championships, 3rd 2021 Horsetooth Half Marathon, 14th 2021 Chicago Marathon, 4th 2020 Naples Daily News Half Marathon, 10th 2020 Marathon Project, 7th 2019 FORTitude 10K, 7th 2019 USATF 15K Championships, 6th 2019 USATF 10 Mile Championships, 3rd 2019 Pittsburgh 10 Mile, 9th 2019 Rock N Roll Philadelphia Half Marathon, 11th 2018 Pittsburgh 10Mile, 8th 2017 Pittsburgh Half Marathon

2022 Bix 7 Elite Men

Bib#	Name	Country/City/State
1	Leonard Korir	Colorado Springs, CO
3	Sam Chelanga	Colorado Springs, CO
5	Retired in honor of Greg Nev	vell, Davenport, Iowa
7	Stephen Sambu	Kenya
9	Milton Rotich	Kenya
11	Patrick Tiernan	Australia
15	Zouhair Talbi	Morocco
17	Dominic Korir	Kenya
19	James Ngandu	Kenya
21	Fabiano Sulle	Tanzania
23	Abdi Abdirahman	Flagstaff, AZ
25	Retired in honor of Nancy Kapheim, Davenport, Iowa	
27	Vincent Kiprop	Kenya
29	Alec Sanduski	Rochester HIIIs, MI
31	Christopher Alfond	Rochester Hills, MI
33	Simon Kimunge	Kenya
35	Josh Izewski	Blowing Rock, NC
37	Wesley Kiptoo	Kenya
39	Reuben Misop	Kenya
41	Nico Martinez	Mammoth, CA
74	Bill Rogers	Boston, MA

Abdi Abdirahman

Bib #23

DOB: 01/01/77 (45) - Flagstaff, AZ

Pr's: 27:16 10.000m, 35:46 12K, 61:07 HM, 2:08:56 Marathon

Career: 5 Time Olympian, 5 Time World Cross Country Team Member, 3 Time World Championships Team Member, 6th 2022 Pittsburgh Half Marathon, 3rd 2020 US Olympic Marathon Trials, 10th 2019 Beach to Beacon 10K, 3rd 2019 Rock N Roll Philadelphia Half Marathon, 9th 2019 NYC Marathon, 6th 2017 Boston Marathon, 6th 2017 USATF 10K Championships, 4th 2017 Peachtree Road Race 10K, 3rd 2016 NYC Marathon, 3rd 2015 USATF 25K Championships, 3rd 2013 USATF 20K Championships, 6th 2011 Bix 7, 2nd 2002 Bix 7

Christopher Alfond

Bib #31

DOB: 01/03/98 (24)- Rochester Hills, MI

Pr's: 13:48 5,000m, 28:44 10,000m

Career: 2022 America East Conference 5K Champion, 2019 America East Conference Cross Country Champion, 2 Time NCAA Cross Country National Qualifier, NCAA Track & Field Finals Qualifier

Sam Chelanga

Bib #3

DOB: 02/23/85 (37) - Colorado Springs, CO Pr's: 13:09 5,000m, 27:08 10,000m, 34:35 12K,60:37 HM

Career: 8th 2022 Peachtree Road Race 10K, 3rd 2022 USATF Cross Country Championships, 7th 2022 BAA 5K, 6th 2022 NYC Half Marathon, 1st 2021 Peachtree Road Race 10K, 6th 2021 Cooper Bridge Run 10K, 2nd 2021 USATF Half Marathon Championships, 3rd 2021 USATF 25K Championships, 4th 2019 Army 10 Mile, 9th 2018 Bolder Boulder 10K, 4th 2018 Peachtree Road Race 10K, 2nd 2018 USATF 15K Championships, 6th 2018 Houston Half Marathon, 1st 2018 USATF 25K Championships, 14th 2018 IAAF World Half Marathon Championships, 1st 2017 Bix 7, 1st 2017 World's Best 10K, 1st 2017 Healthy Kidney 10K, 3rd 2017 Bolder Boulder 10K, 6th 2016 US Olympic Trials 10,000m, 1st 2016 Cherry Blossom 10 Mile

Josh Izewski Bib #35

DOB: 04/25/90 (32)- Blowing Rock, NC Pr's: 14:02 5,000m, 29:21 10,000m, 63:42 Half Mar

Career: 3rd 2022 Ashland City Half Marathon, 8th 2022 Houston Half Marathon 4th 2021 Philadelphia Distance Run Half Marathon, 3rd 2020 Tallahassee Half Marathon, 13th 2019 Cherry Blossom 10 Mile, 4th 2018 Crazy 8's 8K, 7th 2018 Pittsburgh 10 Mile, 13th 2018 Cherry Blossom 10 Mile, 8th 2017 Virginia 10 Mile, 2nd 2017 Richmond Half Marathon 7 time All SEC Track & Cross Country

Simon Kimunge

Bib #27

DOB: 10/01/99 (22) - Kenya Pr's: 29:19 10K. 47:15 10 Mile

Career: 5th 2021 Miyoshi Long Distance Meet 5,000m, 1st 2020 6th Saegaya Meet 5,000m, 8th 2019

Hokuren Distance Challenge 5,000m, 1st 2019 Karatsu 10K, 1st 2018 Kosa 10K

Vincent Kiprop

Bib #33

DOB: 04/28/95 (27) - Kenya Pr's: 13:37 5,000m, 28:19 10,000m **Career:** 1st 2022 Gum Tree 10K, 1st 2021 Jaguar Opener Meet 5,000m, 1st 2021 SEC Outdoor Championships 10,000m, 3rd 2021 NCAA East Preliminary Meet 10,000m, 3rd 2019 SEC Indoor Championships 5,000m, 2nd 2019 NCAA Division 1 Championships 10,000m

Wesley Kiptoo

Bib #37

DOB: 07/07/99 (23) - Kenya

Pr's: 13:14 5,000m, 27:37 10,000m, 61:25 HM

Career: Iowa State Record Holder 10,000m, 7 Time NCAA Division 1 All American, 7 Time Big 12 Champion, 1st 2022 Pittsburgh Half Marathon, 3rd 2022 Mt. SAC Relays 5,000m, 1st 2022 Portland Track Festival 10,000m, 1st 2022 Iowa State Classic 3,000m, 1st 2021 Big 12 Indoor Championships, 3,000m 1st 2021 Big 12 Championships, 5,000m 1st, 2021 Big 12 Championships Steeplechase

Dominic Korir

Bib #17

DOB: 05/12/93 (29) - Kenya

Pr's: 28:08 10K, 35:09 12K, 61:45 Half Marathon, 2:16:26 Marathon

Career: 7th 2021 Bix 7, 8th 2022 Cooper River Bridge Run 10K, 8th 2022 Crescent City Classic 10K, 3rd 2022 Indy Mini Marathon, 1st 2021 Cotton Row 10K, 7th 2021 Cooper Bridge Run 10K, 6th 2021 Cherry Blossom 10 Mile, 2nd Philadelphia Distance Run Half Marathon, 2nd 2021 Gum Tree 10K, 3rd 2021 Fresh 15K, 1st 2021 Lincoln Half Marathon, 1st 2020 Miami Half Marathon, 2nd 2020 Mercedes Half Marathon, 3rd 2019 Crim Road Race 10 Mile, 3rd Virginia 10 Mile, 4th BAA Half Marathon, 2nd Columbus Half Marathon, 5th 2019 Bix 7, 6th 2019 BAA 10K, 1st 2019 Rite Aid Cleveland 10K, 5th 2019 Bloomsday Run 12K, 4th 2019 Healthy Kidney 10K, 3rd 2019 Crescent City Classic 10K, 3rd 2019 Cooper River Bridge Run 10K, 1st 2019 Azalea Trails Run 10K, 3rd 2018 Pittsburgh 10 Mile, 6th 2018 Twin Cities Marathon, 6th 2018 Grandma's Marathon, 3rd 2018 Rite Aid Cleveland 10K, 1st 2017 Mercedes Benz Marathon, 1st 2017 Broad Street 10 Mile, 2nd 2017 Carlsbad Half Marathon

Leonard Korir

<u>Bib #01</u>

DOB: 12/10/86 (35) - Colorado Springs, CO

Pr's: 13:15 5,000m, 27:20 10,000m, 59:52 Half Mar, 2:07:56 Marathon

Career: 1st 2022 BAA 10K, 1st 2022 Bolder Boulder 10K, 1st 2022 Cooper Bridge Run 10K, 1st 2022 USATF 25K Championships, 2nd 2022 USATF 15K Championships, 1st 2022 USATF Half Marathon Championships, 1st 2021 Bix 7, 2nd 2021 Cooper Bridge Run 10K, 4th 2021 USATF 20K, 4th 2020 US Olympic Trials Marathon, 3rd 2019 USATF 15K Championships, 1st 2019 USATF 20K Championships, 1st 2019 USATF Half Marathon Championships, 11th 2019 Amsterdam Marathon, 3rd 2018 Bix 7, 1st 2018 USATF 15K Championships, 5th 2018 USATF Half Marathon Championships, 5th 2017 Army 10 Mile, 2nd 2017 USATF 10 Mile Championships, 2nd 2017 Falmouth Road Race, 1st 2017 Peachtree Road Race, 3rd 2017 USATF Outdoor Championships 10,000m, 2nd 2017 Bolder Boulder, 1st 2017 USATF 15K Championships, 14th 2016 Olympics 10,000m, 3rd 2016 US Olympic Trials 10,000m, 1st 2015 Bix 7, 1st 2013 Bix 7

Reuben Misop

Bib #39

DOB: 12/31/02 (19) - Kenya **Pr's:** 13:34 5,000m, 28:29 10K

Career: 3rd 2022 Cooper River Bridge Run 10K, 4th 2022 Crescent City Classic 10K, 3rd 2021 Kenya World U20 Trials 5,000m, 1st 2021 Flanigan's Rockin Rib 10K, 8th 2020 Eldoret Weekend Meet 5,000m, 3rd 2019 African Games Trials 5,000m, 9th 2019 Durban City 10K

Nico Martinez Bib #41

DOB: 09/07/93 (28) - Mammoth, CA **PR's:** 13:50 5,000m, 28:06 10,000m, 61:13 HM

Career: 1 st 2022 USATF 15K Championships, 5th 2021 Portland Track Festival 10,000m, 2nd 2021 Trials of Miles Track Meet 10,000m, 3rd 2021 USATF 15K Championships, 3rd 2021 USATF 20K Championships, 3rd 2021 USATF Half Marathon Championships, 7th 2021 Chicago Marathon, 6th 2020 The Track Meet 10,000m, 13th 2020 Houston Half Marathon, 20th 2020 US Olympic Marathon Trials, 1st 2019 SAC Town 10 Miler, 1st 2019 San Diego Half Marathon, 2nd 2018 SAC Town 10 Miler, 7th 2018 USATF 25K Championships, 4th 2018 Grandma's Marathon

Milton Rotich

Bib #09

DOB: 03/29/1986 (36) - Kenya **Pr's:** 27:46 10K, 60:43 Half Marathon

Career: 1st 2021 Grandma's Marathon, 4th 2021 California International Marathon, 4th 2019 LA Marathon 2nd 2019 Philadelphia Marathon, 5th 2018 Garry Bjorklund Half Marathon, 5th 2018 Houston Marathon, 2nd 2017 Athens Classic Marathon

Alec Sandusky

Bib #29

DOB: 09/23/97 (24) - Rochester Hills, MI

Pr's: 14:01 5,000m, 28:35 10,000m

Career: 12th 2022 USATF Cross Country Championships, 2nd 2021 American Athletic Conference Championships 10,000m, 3rd 2021 Sound Running College Invitational 10,000m, 2021 All American Indoor 5,000m, 1st 2019 Ball State Challenge Meet 5,000m, 5th 2019 Columbus Half Marathon, 1st 2018 Ball State Challenge 5,000m, 9 Time All Conference

Stephen Sambu

Bib #07

DOB: 07/07/88 (33) - Kenya **Pr's:** 26:54 10K, 35:23 12K, 60:41 HM

Career: 10th 2022 Cherry Blossom 10 Mile, 7th 2019 NYC Marathon, 4th 2019 Bix 7, 7th 2019 NYC Marathon, 4th 2019 Utica Boilermaker 15K, 7th 2019 Peachtree Road Race 10K, 3rd 2019 BAA 10K, 6th 2019 Bloomsday Run 12K, 5th 2019 Cherry Blossom 10 Mile, 1st 2018 Shamrock Shuffle 8K, 6th 2018 Healthy Kidney 10K, 3rd 2018 BAA 10K, 2nd 2018 Beach to Beacon 10K, 2nd 2018 Pittsburgh 10 Mile, 2nd 2017 BAA 5K, 1st 2017 Shamrock Shuffle 8K, 3rd 2017 World's Best 10K, 3rd 2017 Healthy Kidney 10K, 4th 2017 Beach to Beacon 10K, 2nd 2017 BAA 10K

Fabiano Sulle Bib #21

DOB: 10/01/94 (27) - Tanzania **Pr's:** 13:36 5,000m, 28:01 10,000m

Career: 3rd 2022 Bolder Boulder 10K, 3rd 2022 Bloomsday 12K, 2nd 2021 NMB Dar-es-Salaam Half Marathon, 2nd 2020 Tanzanian Championships 10,000m, 3rd 2020 Tanzanian Championships 5,000m, 1st 2018 Tanzanian Championships 5,000m, 1st 2018 Nagai Half Marathon, 4th 2017 Marugame Half Marathon

Zouhain Talbi Bib #15

DOB: 04/08/95 (27) - Morocco **Pr's:** 13:36 5K, 27:20 10,000m, 62:00 HM

Career: 1st 2022 NAIA Championships 5,000m, 6th 2022 Prefontaine Classic 5,000m, 3rd 2022 BAA 5K, 6th 2022 BAA 10K, 2nd 2021 Moroccan Championships 5,000m, 1st 2021 Trials of Miles 10,000m, 2nd 2020 NJCAA Championships 5,000m, 1st 2019 Portland Track Festival 10,000m, 4th 2018 Bislett Games 10,000m, 1st 2018 Sevilla Half Marathon, 2nd 2017 Nancy Half Marathon

Patrick Tiernan

Bib #11

DOB: 09/11/94 (27) - Australia

Pr's: 13:12 5,000m, 27:22 10,000m, 60:55 HM

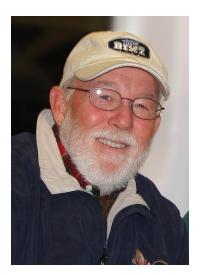
Career: Australian Olympic Team Member 2021 & 2016, 1st 2022 Portland Track Festival 5,000m, 9th 2022 Peachtree Road Race 10K, 6th 2022 Houston Half Marathon, 1st 2021 Las Vegas Half Marathon, 3rd 2020 River Half Marathon, 10th 2019 IAAF World Championships 5,000m, 2nd 2019 Australian Championships 10,000m, 6th 2019 Houston Half Marathon, 4th 2018 Australian Championships 5,000m, 2nd 2017 Australian Championships 10,000m

Ed Froehlich

Ed Froehlich became the race director of the Bix 7 in 1980 and oversaw its growth from a modest event with a few hundred runners into the largest and most prestigious non-marathon road race in the Midwest.

Under his direction, the race grew to include more than 20,000 entries and has added such features as the Jr. Bix 7, the Quick Bix and the Brady Street Challenge.

Froehlich was honored as the National Race Director of the year by Road Race Management in 1993. In 2005, he won the Fred Lebow Award for lifetime contributions to the sport of road racing and also was installed in Running USA's Hall of Champions. He was inducted into the Quad-City Sports Hall of Fame in 1998. In 2010, a statue bearing his likeness was added to Bix Plaza, commemorating his 30th year as the Director of the Bix 7.



In 2019, after 40 years as race director, Froehlich retired after the 45th running of the race.

By Don Doxsie, Quad City Times

Joan Benoit Samuelson

No one has won more Bix 7 Championships than Joan Benoit Samuelson. The Maine native and former Bowdoin College runner has won the women's race four times and has won the Women's Masters Trophy seven times. She has run the Bix 7 a total of 24 times starting in 1983.

Samuelson is widely regarded as the best women's distance runner in American history. She won the inaugural Olympic marathon for women in 1984 and is a former World Record-Holder in both the marathon and half-marathon. She also is a member of the USA Track and Field Hall of Fame.



Samuelson was immortalized with her friend, Bill Rodgers, with a statue in Bix Plaza in 1999, in conjunction with the race's 25th Anniversary.

By Don Doxsie, Quad City Times

Bill Rodgers

Bill Rodgers was the greatest marathoner in the world when he first entered the Bix 7 in 1980. He has competed in the race every year since.

Rodgers won the race in both 1980 and 1981, and has set several age group records in the event.

He also has won 22 Marathons in his career, including four victories in the Boston Marathon and four in the New York City Marathon between 1975 and 1980, and has won hundreds of other road races. He is a member of the USA Track and Field Hall of Fame and the Long Distance Running Hall of Fame.



A statue of Rodgers and fellow Bix legend Joan Benoit Samuelson was erected in Bix Plaza in 1999, in conjunction with the race's 25th Anniversary.

By Don Doxsie, Quad City Times

Meb Keflezighi

Meb Keflezighi is one of the most accomplished marathoners in the World.

Keflizighi won the race in 2009, and has one of the top ten Master's Division performances.

He is the 2004 Olympic silver medalist in the marathon and finished in fourth place in the 2012 Summer Olympics. He won the 2009 New York City Marathon, and the 2014 Boston Marathon, becoming the first American man to win each race since 1982 and 1983, respectively.



Dan Hayes

Dan Hayes, his vision and support has been instrumental in growing the Quad-City Times Bix 7 from a neighborhood run to a road race of national prominence

Hayes, former vice president of communications at Lee Enterprises and former editor of the Quad-City Times, was honored with a bronze statue on Bix Plaza to the east of the Quad-City Times in 2011. Others for whom bronze statues have been created by local artist Ted McElhiney include running legends Joan Benoit Samuelson and Bill Rodgers, Bix 7 race director Ed Froehlich, jazz musician Bix Beiderbecke and Quad-City Times columnist Bill Wundram.





A Look Back... 47 Years of Running!

1975

The first Bix 7 race marked the largest gathering of runners to date in the Quad-Cites – 84. It was also the first time they were allowed to run on city streets.

The Bix was founded by John Hudetz of Bettendorf, who wanted to bring to the Quad-Cities some of the excitement he felt when he ran his first Boston Marathon in 1974.

The race matched a pair of world-class runners – Steve Hoag of Minneapolis, who finished second behind Bill Rodgers in the 1975 Boston Marathon, and Lucian Rosa of Sri Lanka. Rosa, now the track coach at the University of Wisconsin-Parkside, won in a time of 34:33.8

There were only three female entries led by Parkside student Kim Merritt of Racine, WI. Her winning time of 41:04 was 24 minutes better than her nearest pursuer.

Top Ten Finishers:

Men

1. Lucian Rosa

- 2. Steve Hoag
- 3. John O'Connor
- 4. Jim Eicken
- 5. Ed Moreno
- 6. Dennis Delmott
- 7. Steve Wolfe
- 8. Jack LeMaster
- 9. Jeff Meyers
- 10. Loren Moe

Women

- 1. Kim Merritt
- 2. Eloise Caldwell
- 3. Connie Rhodes

1976

The second Bix 7 road race drew 114 entries but ended up being a battle between two Augustana College runners – John O'Connor of Rock Island and Dan Copper of Mendota, IL. Copper beat O'Connor by just four seconds, finishing in 36:47, while Kim Merritt of Racine, WI, won the women's phase for the second consecutive year in 41:33.

It was the first Bix race for Copper, a track and cross country All-American at Augustana. He had been hampered by foot injuries before the race but said he felt strong after five miles.

Top Ten Finishers:

Men

- 1. Dan Copper
- 2. John O'Connor
- 3. Jim Eicken
- 4. Steve Wolfe
- 5. Gene McGivern
- 6. Bob Vander
- 7. Jeff Myers
- 8. Keith Merritt
- 9. Rich Fuller
- 10. Jerry Bellmeyer

Women

- 1. Kim Merritt
- 2. Kathy Loper
- 3. Jane Lange
- 4. Brenda Engel

1977

Kevin McDonald captured the Bix 7, topping a field of 350 runners in what was without question the most under publicized chapter in the race's 17 year history.

The late Gregg Newell of Davenport recorded the first of three straight top-two finishes as he followed McDonald across the finish line 15 seconds later.

Lynn Schmidt won the women's phase by a wide margin.

The only media coverage the race received was a four paragraph story and some agate results on the sixth page of the Quad-City Times sports section.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Kevin McDonald	1. Lynn Schmidt
2. Gregg Newell	2. Mary Bachrach
3. Kim Keuter	3. Muriel Hohl
4. Bill Santino	4. Rene Reyes
5. Brian Vincent	5. Eloise Caldwell
6. John O'Connor	6. Sarah Howes
7. Mark Pealstrom	7. Karen Fishwild
8. Gene McGivern	8. Monique Gero
9. Pete Fitch	9. Linda Caldwell
10. Gene Bauley	10. Connie Rhodes

1978

The Bix 7 continued its steady growth, drawing a field of 500 runners. That prompted race director Tony Gott to make a somewhat shortsighted prediction. "The race," Gott reported, "has outgrown the city."

John Lodwick of Cedar Rapids, who took eighth in the Boston Marathon that year, won the fourth annual Bix in a time of 34:56. Former Davenport Central and University of Iowa runner Gregg Newell was second for the second straight year. Kathy Loper of Worthsmith, MN, who later became a Quad-City resident, was the women's winner in 45:38.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. John Lodwick	1. Kathy Loper
2. Gregg Newell	2. Jane Lange
3. Joe Paul	3. Erin O'Neill
4. Jim Eicken	4. Terese Schwartz
5. Les Meyers	5. Chris Caldwell
6. Steve Jawor	6. Lynn Schmidt
7. Pete Fitch	7. Christine Schwartz
8. John Clark	8. Pam Griffin
9. Gene McGivern	9. Kim Lehman
10. Brian Kinman	10. Michele Connelly

1979

After two consecutive second place finishes, Gregg Newell found the winner's circle in the '79 Bix 7. Newell, a former Davenport Central and University of Iowa runner won in a time of 35:40, almost a minute ahead of Dave Kohrs of Lake Charles, LA, Bettendorf's John Wellerding, and '76 Bix champion Don Copper. For Wellerding, it was the first of nine top-10 finishes at Bix.

Ilene Kimsey of Des Moines, a competitive runner for less than a year, won the women's phase in 46:25. It was the slowest winning time.

A field of 800 runners turned out in the torturous heat and humidity.

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<u>Men</u>	<u>Women</u>
1. Gregg Newell	1. Ilene Kimsey
2. David Kohrs	2. Jane Lange
3. John Wellerding	Cindy Swoyer
4. Dan Copper	4. Zanetta Weber

5. Robert Cline
6. Steven Pershing
7. Tom Ferree
8. Tim Skopec
9. Bob Emmons
10. Dave Bradley
5. Jane Chalmers
6. Suzanne Frederick
7. Cathy Nabb
8. Terese Schwartz
9. Erin O'Neill
10. Kim Lehman

1980

The United States' boycott of the Olympics prevented Bill Rodgers from running in Moscow. Instead, he came to Davenport.

Rodgers, then ranked as the top distance runner in the world, cruised to the championship of the Bix 7 in a record time of 33:58 on a rainy, overcast day. It was the first of two Bix championships for Rodgers, who has run in the race every year since. John Wellerding of Bettendorf was a distant second in 35:12. Paul Raether of Rochester, MN led for the first three miles but finished fourth.

Peggy Schott won the women's title and a record 1,500 runners took part.

Top Ten Finishers:

Men	<u>Women</u>
 Bill Rodgers 	1. Peggy Schott
2. John Wellerding	2. Tina Gandy
3. Jim McNider	3. Beverly Boddicker
4. Paul Raether	4. Terese Schwartz
5. Robert Neil	5. Suzanne Frederick
6. Gregg Newell	6. Camille Ratering
7. Dan Copper	7. Erin O'Neill
8. Raul De Ande	8. Jane Tompkins
9. Pete Fitch	9. Kathleen Freeland
10. John Lechner	10. Christine Schwartz

1981

Bill Rodgers had some stronger competition but the Boston area native still won the Bix 7 for the second time. Rodgers posted a record time of 33:26 to defeat longtime rival Frank Shorter by 24 seconds. Shorter, the 1976 Olympic marathon gold medalist, had beaten Rodgers by nine seconds in a race a few weeks before. Frank Richardson of Ames finished third.

Beverly Roland-Miller, a former Western Illinois University runner, won the women's competition in a time of 41:26.

The race, sponsored for the first time by the Quad-City Times, drew 2,500 entrants in muggy, overcast conditions.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Bill Rodgers	1. Beverly Roland-Miller
2. Frank Shorter	DeeAnn Dougherty
3. Frank Richardson	Beverly Boddicker
4. Joe Sheeran	4. Kimberly Gattone
5. Vern Iwancin	5. Erin O'Neill
6. Phillip Coppess	6. Jamie Tomkins
7. Gregg Newell	7. Kim Lehman
8. Glenn Herold	8. Jennie Keller
9. John Wellerding	9. Susie Hippler
10. Chris Leonard	10. Linda Caldwell

1982

The '82 Bix 7 will always be remembered for the shortcut. Australian superman Rob De Castella won the race in the record time of 32:21 after cutting the course short by about 50 yards. He and the rest of the leaders followed the lead vehicle as it made a shortcut at the McClellan Boulevard turnaround and almost all of the 4,100 trailing runners did the same. Since de Castella's time is 33 seconds better than the previous Bix record, he certainly would have set the course record even without the shortcut.

Bill Rodgers, running his third Bix, finished second in 32:45 with Frank Shorter third in 33:35. Both had better times than when they finished 1-2 the previous year. Ellen Hart beat the women's record by more than two minutes, covering the course in 38:42.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Rob De Castella	1. Ellen Hart
2. Bill Rodgers	2. Sarah Linsley
3. Frank Shorter	3. Chris Reid
4. Phil Coppess	4. Janice Kleiker
5. Vern Iwancin	5. Beverly Miller
6. Brian Cinman	6. Joyce Lambert
7. Michael Matteson	7. Lisa Hoerner
8. Karl Junginger	8. Kathy Loper
9. Lee Kantonen	9. Erin O'Neill
10. Daniel Fick	10. Jane Asimus

1983

Kenya's Joseph Nzau, a resident of Laramie, WY, continued the international dominance as he coasted to victory in a time of 33:10. Cummings faded to third while Bix veteran Bill Rodgers finished second. The race, with a field of 5,620 runners, was run in oppressive heat and humidity.

Joan Benoit, who shattered the women's course record, covered the distance in 37:26. Benoit, was a year away from an Olympic gold medal.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Joseph Nzau	1. Joan Benoit
2. Bill Rodgers	2. Kellie Cathey
3. Paul Cummings	Sarah Lindsley
4. Mark Curp	4. Sue Schneider
5. John Wellerding	5. Nan Doak
6. Joe Sheeran	6. Debbie Mueller
7. Yobes Ondieki	7. Alysun Deckert
8. Philip Coppess	8. Beverly Bodicher
9. Tim Warneke	9. Karen Bukowski
10. Rick Musgrave	10. Lisa Hoerner

1984

South Africa's Ashley Johnson turned it on down the stretch to win one of the most exciting Bix finishes ever. Johnson, the third foreigner to win in as many years, made the final turn onto Fourth Street virtually side-by-side with '83 champion Joseph Nzau and Mark Curp. Johnson won the closing sprint finishing in 33:02. Nzau ran 33:04 and Curp 33:06. Richard Kaitany, a Kenya native who attended lowa State, was fourth with 19-year-old Paul Gompers fifth.

Kellie Cathey, who finished second a year earlier, won the women's race in 38:04. The field continued to grow, reaching 6,750 runners.

<u>Men</u>	<u>Women</u>
1. Ashley Johnson	1. Kellie Cathey
2. Joseph Nzau	2. Debbie Eide
3. Mark Curp	3. Eryn Forbes
4. Richard Kaitany	4. Karen Bukowski
5. Paul Gompers	Beverly Miller
6. Steve Francis	6. Laura Hggerty
7. Joe Sheeran	7. Sharon Greenwood
8. Jeff Jacobs	8. Julie Hudetz
9. Gary Fanelli	9. Michelle Giampapa
10. Jeff Wachter	10. Christine Jensen

1985

In 1985, Bill Rodgers was ready to return to his place as a perennial Bix contender. The 37-year-old Rodgers ran his best non-shortcut Bix time ever (32:56) as he pushed younger, stronger Mark Curp all the way before finishing second for the third time in four years. Curp, whose time of 32:54 was then the best ever for the full course, won the race after taking third and fourth the previous two years.

A field of 7,174 turned out for the race, which also featured the triumphant return of Olympic gold medalist Joan Benoit Samuelson. Samuelson finished more than a minute ahead of the second fastest female entry.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Mark Curp	1. Joan Benoit Samuelson
2. Bill Rodgers	2. Kellie Cathey
3. Phil Coppess	3. Linda Bundy
4. Ed Sheehan	4. Wendy Little
5. Joseph Kipsang	5. Lisa Wittman
6. Kirk Pheffer	6. Cindy James
7. Craig Young	7. Kelly Kruell
8. Paul Gompers	8. Andrea Meyer
9. John Wellerding	9. Davia Gallup
10. Kevin Sturman	10. Cathy Stevens

1986

A new face was added to the array of world-class runners for the '86 Bix 7. Geoff Smith's lack of familiarity with the rugged, up-and-down course didn't hurt him a bit. Smith, a member of Great Britain's Olympic team, raced to a three-second win over a more familiar face, Mark Curp.

Smith's winning time of 33:16 was a reflection of the weather conditions. It was the slowest winning time in five years.

Joan Benoit Samuelson again cruised to victory in the women's phase as the race continued its phenomenal growth of 9, 325 runners.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Geoff Smith	1. Joan Benoit Sameulson
2. Mark Curp	2. Nan Doak
3. Jerrold Wynia	Connie Prince
4. John Wellerding	4. Liz Miller
5. Phil Coppess	5. Tori Neubauer
6. Tom Maxson	6. Wendy Little
7. Mike Dodge	7. Cindy James
8. Brad Little	8. Kelly Kruell
9. Kevin Sturman	9. Sharon Greenwood
10. Alberto Salazar	10. Gail Holliday

1987

Joseph Nzau became the champion of champions and the number of runners continued its incredible growth in the '87 Bix. A total of 12,375 competitors ran the race, an increase of 3,000. It made the Bix one of the largest races in the country for 1987.

Nzau, a native of Kenya, was the first of the throng to cross the finish line as he prevailed over a field loaded with world-class talent. Every Bix men's champion of the 1980's was entered including Bill Rodgers, Rob de Castella, Ashley Johnson, Mark Curp, Geoff Smith, as well as Joseph Nzau.

Francie Larrieu Smith was the women's winner in a time of 38:10.

<u>men</u>	<u>women</u>
1. Joseph Nzau	1. Francie Smith
2. Mark Curp	2. Cyndie Welte
3. Ashley Johnson	3. Nan Doak-Davis

4. Bill Rodgers
5. Geoff Smith
6. Jerrold Wynia
7. Jeff Jacobs
8. Rob De Castella
9. John Wellerding
10. Lindsay Brown
4. Gaylene De Castella
6. Wendy Little
7. Ruth Ozman
8. Penny Braatz
9. Dawn Lentsch
10. Lynn Russell

1988

Mark Curp joined Bill Rodgers and Joseph Nzau as the only two-time winners. Curp, rolled to a 42-second victory over Bill Reifsnyder, who was making by Bix debut. Rodgers won the masters division. Samuelson, meanwhile, was supposed to be an also-ran in a women's field which included defending champion Francie Larrieu Smith, Brenda Webb, Cyndie Welte and Priscilla Welch. She surprised observers by beating second-place Webb by 46 seconds for her fourth Bix title in six years.

A total of 12,425 runners and walkers took part in the race.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Mark Curp	1. Joan Benoit Sameulson
2. Bill Reifsnyder	2. Brenda Webb
3. Joseph Nzau	3. Cindy Welte
4. Paul Gompers	4. Priscilla Welch
5. Craig Young	5. Francie Smith
6. Jerrold Wynia	6. Susan Youngberg
7. Ashley Johnson	7. Lynn Deninno
8. Bill Rodgers	8. Cindy James
9. Arnie Schraeder	9. Karen Bukowski
10. John Wellerding	10. Jill Kingsbury

1989

A new downhill finish, the incentive of prize money, and near-perfect weather conditions added up to the fastest Bix 7 ever. The race, which attracted 15,639 entries, was run in near perfect conditions.

Marc Nenow sprinted to victory in a record time of 32:17. Eight different runners cracked the 33-minute mark, a feat which had been done just four times in the first 14 years of the race.

Erin Baker, a veteran triathlete, notched the first distance running victory of her career by registering a women's record time of 36:35. The top four women recorded the four fastest women's times in Bix history.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Mark Nenow	1. Erin Baker
2. Brian Sheriff	2. Judi St. Hilaire
3. Steve Spence	3. Anne Audain
4. Joseph Nzau	4. Cathy O'Brien
5. Alejandro Cruz	Margaret Groos
6. Ashley Johnson	6. Francie Smith
7. Jon Sinclair	7. Ann Hannam
8. Bill Reifsnyder	8. Kim Jones
9. Jesus Herrera	9. Barbara Moore
10. Rob De Castella	10. Maria Trujillo

1990

Steve Kogo showed up for the 1990 Bix 7 with no driver's license and little fanfare. By the time the day was over, Kogo owned a new car, \$5,000, and a place in Bix history. The Kenya native rolled through a field of more famous runners to win in 32:47. John Campbell, a 41-year-old New Zealander, lopped more than a minute off the men's masters record and finished fifth overall.

On the women's side, Maria Trujillo claimed the victory despite running only the 11th best time in Bix annals (37:58).

A record field of 16,521 turned out for the race, which featured new start and finish lines.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Steve Kogo	1. Maria Trujillo
2. Jon Sinclair	2. Patty Murray
3. Steve Spence	3. Ria Van Landeghem
4. John Campbell	4. Joan Samuelson
5. Dionicio Ceron	5. Barbara Moore
6. Graciano Gonzalez	6. Marie Boyd
7. Steve Jones	7. Sammy Godwski
8. Bill Reifsnyder	8. Inge Schuurmans
9. Tom Wood	9. Kim Jones
10. Steven Yoder	10. Margaret Groos

1991

Ken Martin pulled away from defending champion Steve Kogo and Alejandro Cruz in the final 500 yards to claim a surprising victory in the third closest race in Bix history.

Martin took advantage of cool dry conditions to match the second fastest Bix time ever, 32:21, beating Kogo by two seconds and Cruz by five.

Germany's Uta Pippig easily won the women's division, crossing the finish line 25 seconds ahead of Denmark's Dorthe Rasmussen.

The race continued to grow, drawing 18,124 entries.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Ken Martin	1. Uta Pippig
2. Steve Kogo	2. Dorthe Rasmussen
3. Alejandro Cruz	3. Olga Markova
4. Leonardo Reyes	4. Anne Audain
5. Jeff Jacobs	5. Joan Samuelson
6. Bill Reifsnyder	6. Janice Klecker
7. Richard O'Glynn	7. Kim Jones
8. Andy Ronan	8. Maria Trujillo
9. Gerard Donakowski	9. Diane Bussa
10. Martin Pitayo	10. Lynn Deninno

1992

Pre-race prediction turned out to all wet as Mexico's Alejandro Cruz sloshed to victory in the wettest and wildest Bix ever. His winning time of 32:21 was four seconds off the course record. Scott Fry was the top American with a seventh-place finish.

Great Britain's Nick Rose was a surprise winner in the most competitive men's masters field ever but the women's race went as expected with Olga Markova winning the open division and Barb Filutze of Erie, PA winning the master phase.

A downpour began at 8 a.m for the record field of 18,246.

<u>Women</u>
1. Olga Markova
2. Trina Painter
3. Libbie Johnson
4. Anne Marie Letko
5. Sabrina Dornhoefei
6. Ulla Marquette
7. Diane Bussa
8. Lourdes Lopez
9. Irina Bogacheva
10. Kim Jones

1993

Thomas Osano claimed his third championship in less than a month, running a slightly altered Bix 7 course in the record time of 32:10. Uta Pippig won the women's race in 36:27. Osana pulled away from fellow Kenyans with more than one mile left. Pippig won by five seconds over second-place Anne Marie Letko.

Record floods left part of the course under water, but race officials changed the route by having runners turn left instead of right at the bottom of Brady hill.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Thomas Osano	1. Uta Pippig
2. Sammy Lelei	2. Anne Marie Letko
3. Jonah Koech	3. Carmen De Oliveira
4. Ronaldo Da Costa	4. Carolyn Schwalou
5. Martin Pitayo	5. Colleen De Reuck
6. Dionicio Ceron	6. Cassie McWilliam
7. Silvio Guerra	7. Jane Omoro
8. Mark Plaatjes	8. Kim Jones
9. Eddy Hellebuyck	9. Kristy Johnston
10. Simon Karori	10. Jane Welzel

1994

Benson Masya became the first runner to run the Bix course in less than 32 minutes as he finished in 31:56. Lazarus Nyakeraka, Osano's 18 year old nephew, finished second. Tegla Loroupe put her stamp on the women's record books by running the course in 36:02. Kenyan runners dominated the race with seven of the top eleven finishers. Former Clinton resident, Jeff Jacobs, was the top American finishing 12th.

A total of 20,097 competed in the 20th annual race.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Benson Masya	1. Tegla Loroupe
2. Lazarus Nyakeraka	2. Olga Appell
3. German Silva	3. Anne Marie Letko
4. Arturo Barrios	4. Delillah Asiago
5. Ronaldo DaCosta	5. Nadia Prasad
6. Silvio Guerra	6. Lucy Nusrala
7. Simon Karori	7. Kim Jones
8. Sammy Lelei	8. Debbi Kilpartick Morris
9. John Kipkoskei	9. Joan Benoit Samuelson
10. Frances Mbui	10. Regina Joyce Bonney

1995

Phillimon Hanneck of Zimbabwe passed Simon Morolong 200 meters from the finish line to win with a time of 32:08, which was the second best ever. The defeat was one of the closest finishes in Bix history.

Anne Hare won the women's race. Olga Appell was on a record pace but she was forced to withdraw near the six-mile mark and was hospitalized for heat exhaustion.

Dan Held won the first-place American prize money and Gary Henry won the men's master's. A field of 18,354, second largest ever, competed in the race.

<u>Men</u>	<u>Women</u>
1. Phillimon Hanneck	1. Anne Hare
2. Simon Morolong	2. Kamila Gradus
3. Simon Karori	3. Lisa Ondieki
4. Godfrey Kiprotich	4. Colleen De Reuck
5. Lazarus Nyakeraka	5. Cathy O'Brien

6. Peter Whitehead
7. Benson Maysa
8. Jimmy Miundi
9. Johannes Mabitle
6. Olga Markova
7. Salina Chirchir
8. Gywn Coogan
9. Catherine Ndereba

10. Thomas Osano 10. Nyla Carroll

1996

Peter Githuka and Hellen Kimaiyo were able to overcome strong fields and high humidity to win their first Bix titles. Githuka took over in the sixth mile and finished in 32:05, the second fastest time in Bix race history. Kimaiyo ran the third-fastest time with 36:18 defeating Catherine Ndereba by 10 seconds.

Former Clinton High School prep Jeff Jacobs was the top American finisher in 11th.

Even with the Olympics being help at the same time in Atlanta, the Bix 7 drew strong fields.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Peter Githuka	1. Hellen Kimaiya
2. Daniel Kihara	2. Catherine Ndereba
3. Lazarus Nyakeraka	3. Annette Peters
4. Phillimon Hanneck	4. Delillah Asiago
5. Joseph Kimani	5. Zola Budd-Pieterse
6. Thomas Osano	6. Debbi Kilpartick
7. Godfrey Kiprotich	7. Libbie Johnson
8. Gideon Mutisya	8. Cathy O'Brien
9. Joseph Kamau	9. Maria Servin
10. John Kipkoskei	10. Carole Zajac

1997

Morocco's Khalid Khannouchi, a relative unknown before winning 11 races in '97, prevailed over a field loaded with elite runners to win a world championship and \$25,000 in the hottest Bix 7 ever. Khannouchi ran a careful, tactical race and ended up winning by 15 seconds with a time of 32:54. It was the slowest winning time since 1988.

Colleen DeReuck of South Africa also took home \$25,000 as winner of the women's race, defeating defending champion Hellen Kimaiyo by 18 seconds.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Khalid Khannouchi	1. Colleen De Reuck
2. Joseph Kimani	2. Hellen Kimaiyo
3. Godfrey Kiprotich	3. Delillah Asiago
4. Lazarus Nyakeraka	4. Jane Omoro
5. Thomas Osano	5. Lornah Kiplagat
6. Charles Mulinga	6. Joyce Chepchumba
7. Hezron Otwori	7. Elana Meyer
8. Phillimon Hanneck	8. Kim Jones
9. Gideon Mutisya	9. Elana Viazova
10. Alphonce Muindi	10. Gladys Ondeyo

1998

The race drew the most entries ever – 22,143 – including 5,000 who competed in the inaugural Jr. Bix 7 on Friday night. It was the coolest at 62 degrees. It resulted in the fastest time ever as both John Korir and Mark Yatich broke the four-year-old record. Korir's last second lean earned him the \$10,000 first prize with a time of 31:51.99.

Mike Myktok of Ramsey, NJ became the first American male in five years to finish in the top ten with a tenth place finish.

Colleen DeReuck repeated as the women's champion at 36:38.

<u>men</u>	<u>vvomen</u>
1. John Korir	1. Colleen De Reuck
2. Mark Yatich	2. Anna Marie Lauck
3. Ondoro Osoro	3. Hellen Kimaiyo-Kipkoskei
4. Hezron Otwori	4. Libbie Hickman
5. Armando Quntanilla	5. Lornah Kiplagat
6. Simon Morolong	6. Joyce Chepchumba
7. Mohamed Baket	7. Margaret Okayo
8. Peter Gituka	8. Gladys Ondeyo
9. Joshua Chelanga	9. Nadia Prasad
10. Mike Myktok	10. Eyrersalem Kuma

Maman

1999

Korir ran the course 68 seconds slower than in previous years, but he still managed to become only the second man ever to win the race in consecutive years with a time of 32:59.

Rod DeHaven of Madison, WI, came in eighth, the highest finish by a native-born American since 1992.

Catherine Ndereba prevented Colleen DeReuck from becoming the first runner to win the Bix 7 three years in a row.

The race featured the Quick Bix 2-mile run/walk with 20,117 entries and 3,065 for the Jr. Bix.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. John Korir	1. Catherine Ndereba
2. Lazarus Nyakeraka	2. Teresa Wanjiku
3. David Makori	3. Deratu Tulu
4. Peter Gituka	4. Colleen De Reuck
5. Kenneth Cheruiyot	5. Margaret Okayo
6. Philip Kurui	6. Xiujuan Ren
7. Abraham Assefa	7. Jing Lu
8. Rod DeHaven	8. Hellen Kimaiyo-Kipkoskei
9. Nigussu Urge	9. Gladys Asiba
10. Julius Randich	10. Laura LaMena Coll

2000

Mark Yatich, who lost in the closest finish ever two years earlier, prevailed in another close duel with Lazarus Nyakeraka and Reuben Cheruiyot. Yatich ran the course 39 seconds slower than in '98 when he lost to John Korir by one-hundreth of a second.

DeReuck won the women's race for the third time, becoming the only runner other than Joan Benoit Samuelson to notch more than two Bix victories.

The race attracted 15,001 entries for the main race and another 3,512 for the 3rd annual Jr. Bix 7.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Mark Yatich	1. Colleen De Reuck
2. Lazarus Nyakeraka	2. Sylvia Mosqueda
3. Reuben Cheruiyot	3. Naomi Wangui
4. Deresse Deniboba	4. Martha Komu
5. Ronald Mogaka	5. Nuta Olaru
6. Hezron Otwari	6. Maria Portilla-Cruz
7. Titus Munji	7. Wilma Van Onna
8. John Korir	8. Kim Kauls
9. Kenneth Cheruiyot	9. Kristin Schwartz
10. Simon Bor	10. Monica Hostetler

2001

Kenya's John Korir made Bix 7 history by winning the race for the third time in four years, becoming the first male runner ever to win the event three times with a time of 32:24.

Catherine Ndereba won the women's race for the second time in three years. Sylvia Mosqueda of Los Angeles took seventh, becoming the only American to win prize money.

The total number of entries was up to 18,958. The event also included the inaugural Brady Street Sprint, a quarter-mile uphill dash.

Top Ten Finishers:

<u>Women</u>
1. Catherine Ndereba
Esther Kiplagat
3. Faith Chemutal
4. Gladys Asiba
5. Martha Komu
6. Koma Eyerusalem
7. Sylvia Mosqueda
8. Sally Barosio
9. Irene Kwambai
10. Lydia Grigorieva

2002

Colleen DeReuck and Meb Keflezighi both cruised to lopsided victories in a special USA Track and Field American National Championship race. Keflezighi won by the third-largest margin in history – 52 seconds, slapping hands with runners and spectators. DeReuck won with less exuberance but with similar ease – 41 seconds. It was DeReuck's fourth Bix 7 title in the past six years, tying the record held by Joan Beniot Samuelson.

A field of 19,558 turned out for the race plus 3,500 for Jr. Bix.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Meb Keflezighi	1. Colleen De Reuck
2. Abdi Addirahman	Katie McGregor
3. Kyle Baker	3. Libbie Hickman
4. Brian Sell	4. Cheri Kenah
5. Jeff Campbell	5. Jeanne Hennessy
6. Ryan Kirkpatrick	6. Rosa Gutierrez
7. Phillamon Hanneck	7. Monica Hostetler
8. Rod DeHaven	8. Nicole Kulikov
9. Scott Strand	9. Kim Pawelek
10. Keith Dowling	10. Faith Byrum

2003

The 29th running of the Bix 7 featured 19,854 runners and walkers, the fourth highest total. Kenyan veterans John Korir and Catherine Ndereba both came from behind to repeat the odd-numbered year championships they won in 1999 and 2001.

It was Korir's fourth Bix 7 title, matching the record total of victories by female runners Joan Benoit Samuelson and Colleen DeReuck. This time he won by only two seconds.

Ndereba's four-second victory over Romanina Luminita Talpos was the closest women's finish since 1995.

<u>Men</u>	<u>Women</u>
1. John Korir	1. Catherine Ndereba
2. Linus Maiyo	2. Luminita Talpos
3. Meb Keflezighi	3. Susan Chepkemei
4. Felix Limo	4. Silvia Skvortsova
5. John Itati	5. Madia Perez
6. Andrew Leatherby	6. Edna Kiplagat
7. David Kirui	7. Colleen De Reuck
8. Peter DeLaCerda	8. Esther Kiplagat
9. Peter Tanui	9. Anastasia Ndereba

2004

It was only 61 degrees when the runners took their first steps up Brady Street Hill, and that helped both women's champion Susan Chepkemei and runner-up Constantina Tomescu-Dita break the 10-year-old course record for female runners.

Korir didn't come close to breaking his own course record, but it wasn't necessary. He won by 16 seconds over Linus Maiyo.

Korir also managed to pass Tim Delf of Blue Grass, Iowa, in the final 200 yards to keep Delf from winning the Rhythm City Casino Race for the Jackpot. Delf was given a 2.4 mile head start to see if he could beat the first-place finisher and win \$3,000, but his gallant effort fell short.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. John Korir	1. Susan Chepkemei
2. Linus Maiyo	2. Constantina Tomescu-Dita
3. Samuel Ndereba	3. Masako Chiba
4. John Itati	4. Lidia Simon
5. Nelson Kiplagat	5. Tatyana Petrova
6. Reuben Chebii	6. Silvia Skvortsova
7. David Korir	7. Lyubov Denisova
8. Ryan Shay	8. Luminita Talpos
9. Michael Mislay	Magdaline Chemjor
10. Matt Thull	10. Tatyana Chulakh

2005

Gilbert Okari won by 25 seconds over John Korir although his time of 32:24 was nowhere near Korir's course record. Nuta Olura won by 31 seconds over Sally Barsosio and Catherine Ndereba.

Janelle Swanberg was given a 2.4 mile head start and beat Okari to the finish line by 43 seconds. She donated \$3,100 to H.E.L.P along with another \$14,000 from local attorneys and the Riverboat Development Authority.

A total of 20,211 runners and walkers participated.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Gilbert Okari	1. Nuta Olaru
2. John Korir	2. Sally Barsosio
3. Linus Maiyo	3. Catherine Ndereba
4. Andrew Letherby	4. Edna Kiplagat
5. Tibebu Yenew	5. Luminita Talpos
6. Matthew Chesang	6. Teresa Wanjiku
7. Samuel Ndereba	7. Victoria Klimina
8. Nephat Kinyanjui	8. Gladys Asiba
9. Jason Lehmkuhle	9. Casey Owens
10. Henry Kipchirchir	10. Anastasia Ndereba

2006

The race was held amid some of the most severe conditions ever – 70 degrees at race time with 85 percent humidity, but the weather barely seemed to bother Lawrence Kiprotich and Susan Chepkemei, a pair of Kenya natives who held off fellow Kenyans to win.

The conditions did bother Dave Ramp, a 40-year-old Hampton, IL, resident. He went to the medical tent, but only after he crossed the finish line 12 seconds ahead of Kiprotich to win the third Rhythm City Casino Jackpot race. He gave his \$3,200 prize to his ailing 10-year-old niece.

Top Ten Finishers:

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1. Lawrence Kiprotich	1. Susan Chepkemei
2. Evans Cheruivot	2. Jemima Jelegat

Women

3. Gilbert Okari 3. Lidia Simon 4. William Chebon 4. Luminita Talpos 5. Meb Keflezighi 5. Kathy Butler 6. John Korir 6. Kristin Nicolini 7. John Kibowen 7. Natalia Belova 8. Nuta Olaru 8. Samuel Rongo 9. Simon Arusei 9. Masako Chiba 10. Kimeli Meli 10. Zoila Gomez

2007

Kenya's Duncan Kibet and Ethiopia's Wude Ayalew both raced to victory in their first visits to the Quad-Cities, perpetuating one long-standing Bix tradition: It marked the 12th time in 15 years that both the men's and women's champions were native of the continent of Africa.

20-year-old Ayalew became the first Bix 7 champion from Ethiopia winning by 20 seconds. Kibet won by five seconds.

Davenport's Christy Lazaridis used a 2.7 mile head start to win the fourth annual Rhythm City Casino Race for the Jackpot.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Duncan Kibet	1. Wude Ayalew
2. Thomas Nyariki	2. Luminita Talpos
3. Karim El Mabchour	3. Olga Kimaiyo
4. Meb Keflezighi	4. Deribe Alemu
5. William Chebon	5. Galina Aleksandrova
6. Linus Maiyo	6. Nuta Olaru
7. Nelson Kiplagat	7. Genet Getaneh
8. Evans Cheruiyot	8. Leah Kiprono
9. Reuben Chebii	9. Maryna Dubrova
10. Solomon Molla	10. Cassie Hintz

2008

Kenya's Edward Muge won the race only because leader Maregu Zewdie of Ethiopia pulled up prematurely a few hundred yards from the finish line. As Zewdie crossed under the skywalk in front of the Davenport RiverCenter, he made a slash sign across his throat and stopped, thinking he had won. Muge blew past and crossed the finish line 9 seconds ahead of him.

Edith Masai managed to hold off another Kenya, Angelina Mutuku, to win the women's race by 1 second. Masai, 41, became the first person older than 40 to win the race.

Ben Houtekier did not with the Jackpot money, but the Rhythm City Casino gave the money to benefit Davenport fireman, Bob Juarez.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Edward Muge	1. Edith Masai
2. Maregu Zewdie	2. Angelina Mutuku
3. Abel Kirui	3. Ashu Kasim
4. Duncan Kibet	4. Ogla Kimaiyo
5. Dereje Tadesse	5. Pauline Wangui
6. Lishan Tigezu	6. Mamitu Daska
7. Dejene Berhanu	7. Irene Limika
8. Daniel Kipkoech	8. Nuta Olaru
9. Macdonard Ondare	9. Jane Murage
10. Dmessew Tsega	10. Diane Nukuri

2009

Meb Keflezighi's winning margin of 31 seconds was the largest since his 52-second Bix 7 win in 2002. His winning time of 32:25 is the third-best by an American at Bix. Marc Nenow (1989) and Ken Martin (1991) did it faster.

In the women's race, Molly Huddle crossed the finish line in 37:37 becoming the first American woman to win at Bix since Colleen De Reuck in 2002 and the first American-born woman to claim a Bix 7 title since Joan Samuelson in 1988 — the 2009 Bix women's masters champion.

Jackpot runner Ben Lloyd won \$3,500 by finishing in 32:17.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Meb Keflezighi	1. Molly Huddle
2. Anthony Famiglietti	2. Serena Burla
3. James Carney	3. Magdalena Lewy-Boulet
4. Brian Olinger	4. Ilsa Paulson
5. Antonio Vega	5. Sally Meyerhoff
6. Josh Moen	6. Jill Steffens
7. Bret Schoolmeester	7. Rachel Marchand
8. Dan Browne	8. Kristen Lehmkuhle
9. Forest Braden	9. Meghan Armstrong
10. Ian Burrell	10. Kelly Jaske

2010

Marathon standout Ryan Hall pulled away from the field in the final two miles to win in his first visit to the Bix 7 and former lowa State national champion Lisa Koll made her road racing debut a memorable one by winning the women's championship.

The race again served as the USA Track and Field national championship race for seven miles and with defending champion Meb Keflezighi injured, Hall was the olds-on favorite. He didn't disappoint, overtaking early leader Antonio Vega at about the five-mile mark and winning easily. He became the first native-born American male in 19 years to win the Bix 7.

Top Ten Finishers:

<u>Women</u>
1. Lisa Koll
2. Amy Hastings
3. Andrea Walkonen
4. Blake Russell
5. Lindsay Allen
6. Erin Moeller
7. Clara Peterson
8. Kim Conley
9. Emily Mortensen
10. Zoila Gomez

2011

Silas Kipruto slipped into the lead just before the halfway mark of the race, then thoroughly dominated the second half on his way to an 11-second victory over a pack of fellow Kenyans. He said the terrain kind of reminded him of back home in Kenya and the weather was more of an obstacle than the course.

Caroline Rotich dominated the women's field by taking the lead before the midpoint of the race and crossing the finish line 1 minute, 4 seconds in from of runner-up Jelliah Tinega. Her margin of victory was the greatest in the Bix 7 women's race in 33 years and the fifth largest in the history of the race.

Top Ten Finishers:

<u>men</u>	<u>women</u>
1. Silas Kipruto	1. Caroline Rotich
2. Allan Kiprono	2. Jelliah Tinega
3. Lani Rutto	3. Diane Nukuri-Johnson
4. Shadrack Kosgei	4. Madai Perez
5. Linus Chumba	5. Catherine Ndereba
6. Abdi Abdirahman	6. Misiker Mekonnin
7. Ian Burrell	7. Everlyne Lagat

Maman

8. Samuel Ndereba
9. Abdelazia Atmani
10. Christo Landry
8. Clara Grandt
9. Gladys Asiba
10. Erin Moeller

2012

Silas Kipruto became only the third male runner to win the Bix 7 in back to back years, joining Bill Rodgers and John Korir. Kipruto finished in 32 minutes 31 seconds.

Kenya's Margaret Muriuki was the women's winner, beating out defending champion Caroline Rotich by only .25 seconds, with a time of 36:17.

Bob Madison came up short in his effort to win the Rhythm City Jackpot, but the casino still donated \$2,500 to Haiti relief on Madison's behalf.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Silas Kipruto	1. Margaret Muriuki
2. Allan Kiprono	2. Caroline Rotich
3. Shadrack Kosgei	3. Julia Lucas
4. Leslisa Desisa	4. Jelliah Tinega
5. Lani Kiplagat	Risper Gesabwa
6. Lewis Nyariki	6. Alice Kimutai
7. Mcdonald Ondare	7. Millicent Gathoni
8. Silas Sang	8. Malik Mejdoub
9. Aissa Dghoughi	9. Catherine Ndereba
10. Simon Ndirangu	10. McKenzie Melander

2013

Leonard Korir (no relation to John Korir who has won the race five times) masterminded a victory in the coolest Bix 7 ever. Leonard Korir finished in 32 minutes and 15 seconds, 4 seconds faster than Silas Kipruto

Sule Utura of Ethiopia was the women's winner with a winning time of 36 minutes and 34 seconds. Ultra sprinted past fellow Ethiopian in the final mile to claim the Bix 7 title and a five-second victory.

Brock DeToye won the Rhythm City Jackpot in 31:35, 39 seconds ahead of Men's Champion Leonard Korir. He doesn't have a plan for his prize money at this time.`

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Leonard Korir	1. Sule Utura
2. Silas Kipruto	2. Buzunesh Deba
3. Meb Keflezighi	3. Caroline Rotich
4. Julius Koskei	4. Adrienne Herzog
5. Peter Kamais	5. Jane Murage
6. Julius Keter	6. Betsy Saina
7. Tolossa Gedefa	7. Diane Nukuri Johnson
8. Dino Sefir	8. Rina Yamazaki
9. Mykola Labovskyy	9. Makida Abdela
10. Shadrack Kiyai	10. Desi Davila

2014

Sean Quigley pulled away from Christo Landry in the final few hundred meters to win the U.S. men's 7-mile championship in 33:28 minutes, and Molly Huddle ran the fastest Bix 7 ever by an American woman (36 minutes, 13 seconds) to claim the women's championship.

Kathy Schmitt finished 1st in 31 minutes, ahead of the elite winner Sean Quigley, taking home the River City Jackpot of \$2,500

Top Ten Finishers:

<u> </u>	<u>vvoillell</u>
1. Sean Quigley	1. Molly Huddle
2. Christo Landry	2. Sara Hall

Women

3. Maverick Darling 3. Rachel Ward 4. Stephen Pifer 4. Lauren Kleppin 5. Jonathan Peterson 5. Lindsey Scherf 6. Diego Estrada 6. Brianne Nelson 7. Elliot Krause 7. Amy Hastings 8. Ahmed Osman 8. Mattie Suver 9. Clara Santucci 9. Josphat Boit 10. Matt Llano 10. Laura Batterink

2015

Kenya's Leonard Korir won the men's race for the second time in three years, hanging far back in the pack before out-kicking Micah Kogo, Solomon Deksisa, and Yitayal Atanfu in the final stretch with a time of 33:06 minutes. Korir ran the final mile in 4minutes, 10 seconds.

Cynthia Limo of Kenya prevailed in one of the closest women's races . in the event's history with a time of 36:57. The top five women finished within 18 seconds of one another.

What appeared to certain victory for "Beat the Elite" runner Travis Allen, when he collapsed near the finish line and was unable to finish.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Leonard Korir	1. Cynthia Limo
2. Solomon Deksisa	2. Mary Wacera
3. Micah Kogo	Caroline Rotich
4. Yitayal Atanfu	4. Diane Nukuri
5. Silas Kipruto	5. Aliphine Tuliamuk-Bol
6. Mulue Andom	6. Monicah Ngige
7. Lani Rutto	7. Ruti Aga
8. Meb Keflezighi	8. Hitomi Nakamura
9. Isaac Mwangi	9. Ann Wanjiru
10. Belete Assefa	10. Kaori Morita

2016

Silas Kipruto achieved a controversial victory in the men's race. Kipruto, who won the Bix 7 for the 3rd time, took a swipe at Ethiopia's Teshome Mekonen, who he felt was following him too closely during the race. A formal protest by Mekonen was denied after officials determined Kipruto did not do anything "flagrant."

Kenya's Mary Keitany set a new course record winning the women's championship. Keitany's time of 35:18, was six seconds better than the 2004 mark set by Susan Chepkemei. Kenya's Caroline Chepkoech also broke the previous record by finishing second in 35:20

"Beat the Elite" runners Mark Rodgers (corporate) finished 2 min. and 16 seconds and Nancy Van Hemert finished 1 min. and 29 seconds ahead of elite winner Silas Kipruto. Both runners donating their prize money to charity.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1.Silas Kipruto	1. Mary Keitany
2.Belay Tilahun	2. Caroline Chepkoech
3.Isaac Mwangi	3. Cynthia Limo
4 Elkanah Kibet	4. Buze Diriba
5. Mourad Marofit	5. Gladys Yator
6. Lawi Lalang	6. Jane Kibii
7. Meb Keflezighi	7. Monicah Ngige
8. Teshome Mekonen	8. Gladys Kipsoi
9. Shadrack Kosgei	
10. Robert Letting	10. Brianne Nelson
8. Teshome Mekonen 9. Shadrack Kosgei	3 3

2017

Sam Chelanga broke away from the pack at the 5 mile mark, sprinting away to claim an easy victory. His winning time was 32 minutes and 53 seconds.

Aliphine Tuliamuk, the 28-year-old from Santa Fe, New Mexico, had a dominating performance, completing the seven mile course in 36 minutes and 30 seconds to finish 1:04 in front of Marielle Hall.

"Beat the Elite" runner Joy Ripslinger finished in 31 minutes and 6 seconds ahead of the Elite winner Sam Chelanga. Donating the prize money to the Assumption track team and Brittany's Gifts.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Sam Chelanga	1. Aliphine Tuliamuk
2. Scott Fauble	2. Marielle Hall
3. Matt McClintock	3. Sara Hall
4. Jonathan Grey	4. Becky Wade
5. Reid Buchanan	5. Chelsea Blaase
6. Haron Lagat	6. Sara Pease
7. Emmanuel Bor	7. Renee Metivier
8. Wade Meddles	8. Susan Tanui
9. Michael Jordan	9. Joanna Thompson
10. Kirubel Erassa	10. Sam Rivard

2018

Belay Tilahun breezed to an easy victory, becoming the first Ethiopian man ever to win the Bix 7 with a time of 32 minutes and 39 seconds. Second-place finisher Ben Flanagan recorded the highest finish ever by a Canadian with a time of 32 minutes and 56 seconds.

Margaret Muriuki won her second Bix 7 championship after pulling away from the field around five miles into the race. She finished with a time of 35 minutes and 57 seconds.

"Beat the Elite" runner Bob Beardsley crossed the finish line ahead of the elite runners, winning the challenge after tearing his ACL in 2017 right before the. He donated his prize money to charity.

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Belay Tilahun	1. Margaret Muriuki
2. Ben Flanagan	Caroline Rotich
3. Leanard Korir	3. Monicah Ngigi
4. Andrew Colley	4. Delvine Meringor
5. Silas Kipruto	5. Vicoty Chepngeno
6. Teshome Mekonen	6. Margaret Wamahiga
7. Simion Chirchir	7. Maddie Van Beek
8. Josh Izewski	8. Nicole Dimercurio
9. Ryan Mahalsky	9. Michele Lee
10. Joe Stillin	10. Pasca Myers

2019

Leanard Barsoton came into the race with fairly modest expectations, hoping to sneak into the top three finishers. But the 24-year-old native of Kenya left all other races in his wake to win the 45th annual race with a time of 32 minutes, 34 seconds.

Joyciline Jepkosgei, who holds world records in the half marathon and 10k, won the woman's title with a time of 36 minutes, four seconds.

"Beat the Elite" runner Mallory Asbe gave everything she had, but the heat, humidity, and elite runners proved to be too much. She was just the fifth runner in the 16th year of the promotion not to be the first across the finish line.

<u>Men</u>	<u>Women</u>
1. Leonard Barsoton	1. Joyciline Jepkosgei
2. Gabriel Geay	2. Victory Chepngeno
3. Jarius Birech	Gotytom Gebreslase
4. Stephen Sambu	4. Caroline Chepkoech
5. Dominic Korir	5. Monicah Ngige

6. James Ngandu
7. Edwin Mokua
8. Raymond Magut
9. Edwin Kibichiy
10. Jake Riley
6. Margaret Muriuki
7. Iveen Chepkemoi
8. Julie Kohnen
9. Meseret Merine
10. Michele Lee

2020

The Quad-City Times Bix 7 moved to a virtual format for 2020 due to the Covid-19 pandemic. Although the race was a different format, competition, athleticism, and personal bests were still a part of the Bix

Top Ten Finishers:

<u>Men</u>	<u>Women</u>
1. Moses Kibet	1. Margaret Muriuki
2. Leonard Korir	2. Caren Maiyo
3. Tyler Jermann	3. Katy Jermann
4. Joe Stilin	4. Edna Kiplagat
5. Nick Hird	5. Karen Wakeland
6. Max Murphy	6. Marisa Hird
7. Bryan Glass	7. Diane Nukuri
8. Benjamin Lloyd	8. Amanda Edwards
9. Ian Kaffenberger	9. Sarah Kelchen
10. Tim Hird	10. Amanda Nelson

2021

For competitors in the 2021 Bix 7, it felt like old times on the seven-mile course through the streets of Davenport. The race was held amid some of the most severe conditions ever – 78 degrees at race time with 82 percent humidity, but the weather didn't seem to bother former Olympians Leanoard Korir or Edna Kiplagat who crossed the finish line to win.

The conditions did bother "Beat the Elite" runner Doug Boleyn, 53. He went to the medical tent shortly after being passed on the final stretch.

<u>Men</u>	<u>Women</u>
1. Leanard Korir	1. Edna Kiplagat
2. Frank Lara	2. Taylor Werner
3. Augustus Malyo	3. Fiona O'Keeffe
4. Colin Bennie	4. Diane Nukuri
5. Scott Fauble	5. Lindsay Flanagan
6. Elkanah Kibet	6. Carrie Verdon
7. Dominic Korir	7. Grace Kahura
8. James Ngandu	8. Kendall Pfrimmer
9. Matt McClintock	9. Joan Massah
10. Amanuel Mesel Tikue	10. Elaina Blechler